

1 **Title:** Inhibition of synucleinopathic seeding by rationally designed inhibitors

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14
15 **Abstract:**

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17 Seeding, in the context of amyloid disease, is the sequential transfer of pathogenic protein aggregates
18 from cell-to-cell within affected tissues. The structure of pathogenic seeds provides the molecular basis
19 and enables rapid conversion of soluble protein into fibrils. To date, there are no inhibitors that
20 specifically target seeding of Parkinson's disease (PD)-associated α -synuclein (α -syn) fibrils, in part,
21 due to lack of information of the structural properties of pathological seeds. Here we design small
22 peptidic inhibitors based on the atomic structure of the core of α -syn fibrils. The inhibitors prevent α -syn
23 aggregation *in vitro* and in cell culture models with binding affinities of 0.5 μ M to α -syn fibril seeds.
24 The inhibitors also show efficacy in preventing seeding by human patient-derived α -syn fibrils. Our
25 results suggest that pathogenic seeds of α -syn contain steric zippers and suggest a therapeutic approach
26 targeted at the spread and progression that may be applicable for PD and related synucleinopathies.

27
28 **Abbreviations:** HEK, human embryonic kidney; LBD, Lewy Body Dementia; MSA, Multiple System
29 Atrophy; PD, Parkinson's Disease; WT, wild type; nme, N-methyl; NMR, Nuclear Magnetic Resonance;
30 SPR, Surface Plasmon Resonance; ThT, Thioflavin T; RT, Room temperature; PTA, Phosphotungstate
31 anion

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33 **Introduction:**

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35 Parkinson's disease (PD), Parkinson's disease dementia (PDD), Lewy body dementia (LBD), multiple
36 system atrophy (MSA) and several rarer diseases are together classified as 'synucleinopathies', a class
37 of common neurodegenerative diseases characterized by the pathogenic accumulation of the 140 amino
38 acid protein, α -synuclein (α -syn) in a subset of neuronal and glial cells. A causative link between α -syn
39 amyloid formation and disease is supported by the findings that multiplications and missense mutations
40 in *SNCA*, the α -syn gene, cause familial, early-onset PD and LBD (1).

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42 Crystallography, NMR and cryo-electron microscopy (cryo-EM) have provided structural details of α -
43 syn in the amyloid state (2-6). Limited proteolysis and NMR studies suggest that the fibril core is
44 composed of residues 30-100 (7). A solid state NMR (ssNMR) and recent cryo-EM studies of
45 recombinant α -syn fibrils revealed a Greek key-shaped α -syn topology in a compact domain extending
46 from residue 44 to residue 97 (2, 4-6). To gain atomic resolution information necessary for inhibitor
47 design, we used x-ray and electron diffraction (3) and focused on two short segments of α -syn. One
48 segment is residues 68-78 termed NACore, which earlier work (8, 9) had suggested is critical for α -syn
49 aggregation and pathology. Also, β -synuclein, a homolog does not contain residues 73-83 and is not
50 found in amyloid deposits, and removal of α -syn residues 71-82 that encompass NACore has been
51 shown to reduce the aggregation and toxicity *in vitro* and in a drosophila model (8-10). Additionally, a
52 modification at Thr72 reduces the aggregation propensity of α -syn (11). Taken together these studies
53 suggest NACore plays a critical role in α -syn fibril formation. The other segment comprises of residues
54 47-56 and its atomic structure was solved by electron diffraction (3). Both segments reveal amyloid
55 protofilaments composed of dual β -sheet homo-steric zippers. Of interest is that both these segments
56 also form β -sheets in the compact domain of the ssNMR and cryo-EM structures. In one of these
57 cryoEM structures (6) NACore forms a homo-steric zipper as it does in the isolated segment, but in
58 other structures both segments form hetero-zippers. In hetero-zippers each β -sheet mates with a different
59 β -sheet as opposed to homo-zippers in which each β -sheet mates with another copy of itself. The
60 crystallographic homo-zippers and the hetero-zippers of the longer cryoEM and ssNMR structures are
61 not necessarily contradictory; they may reveal information about different α -syn polymorphs, consistent
62 with biochemical data that show α -syn fibrils, which vary in morphology and cytotoxicity (12-14).

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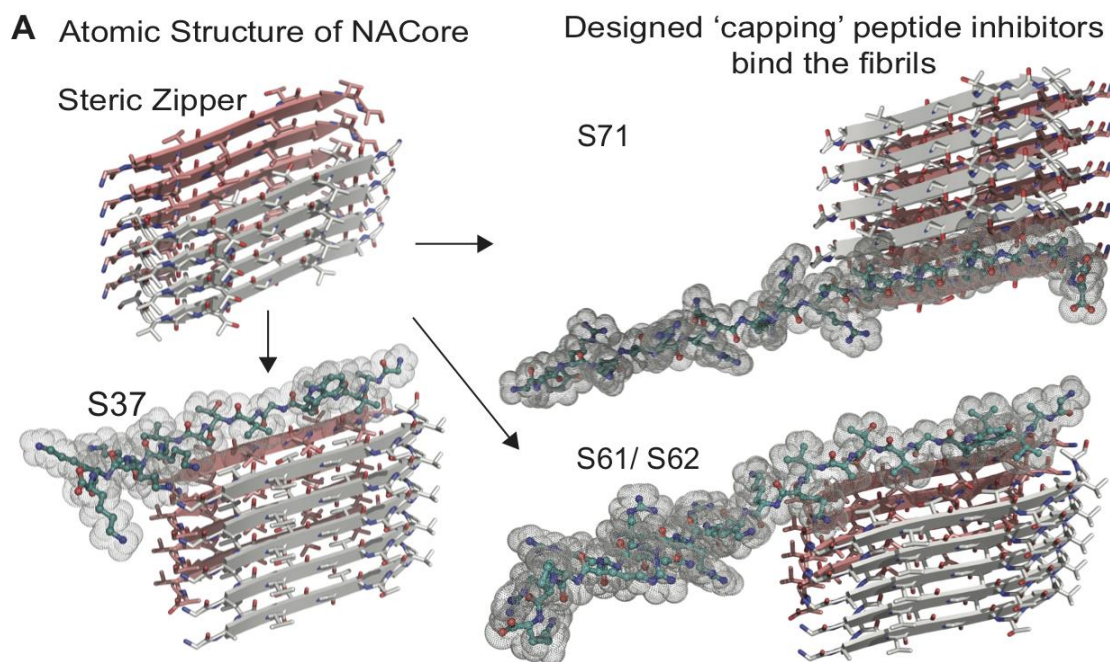
64 In addition to the spontaneous assembly of intracellular α -syn into amyloid fibrils, a second
65 phenomenon that contributes to disease progression is the prion-like spread of α -syn aggregates (15, 16).
66 Staging of Lewy pathology has shown that pathology spreads over time through connected brain
67 regions, and experimental studies have shown that small amounts of α -syn aggregates can act as seeds
68 and induce the aggregation of the native protein (17-21). Additional evidence for the existence of prion-
69 like mechanisms in the human brain has come from the development of scattered Lewy pathology in
70 fetal human midbrain neurons that were therapeutically implanted into the striata of patients with
71 advanced PD (22, 23). However, unlike canonical prions, transmission of α -syn aggregates from person

72 to person has not been demonstrated, and different polymorphs of aggregated α -syn have not been
73 demonstrated unambiguously in the diseased human brain.

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75 Although α -syn amyloid formation has been extensively characterized, little headway has been made in
76 developing therapeutics that inhibit spontaneous α -syn aggregation or reduce the prion-like spread.
77 Among promising approaches are antibodies that sequester α -syn aggregates and small molecule
78 stabilizers that bind α -syn monomers (24, 25). Here we report a third class of inhibitors that bind α -syn
79 seeds and prevent their growth and elongation. The inhibitors are designed using the atomic structure of
80 NACore as a template. We show the efficacy of these inhibitors in preventing both fibril formation and
81 seeding *in vitro* and in cell-based model systems for seeding. We test the efficacy of inhibition both on
82 α -syn aggregates formed in the presence of inhibitors and on pre-formed α -syn aggregates, and also on
83 α -syn aggregates extracted from autopsied brain tissues from patients with synucleinopathies.

84 85 **Results:**

86
87 **1. Rational design of α -syn aggregation inhibitors:** Based on the atomic structure of NACore [68-
88 GAVVTGVTAVA-78] as a template, we applied computational and structure-based approaches to
89 design peptidic inhibitors. The atomic structure of NACore (3) revealed a pair of self-complementary
90 β -sheets forming a protofilament composed of a homo-steric zipper (26). The inhibitors were
91 designed using Rosetta-based computational modeling to bind to the tip of the steric-zipper
92 protofilament, thereby capping the fibrils (Fig. 1A). We identified 4 candidates; S37, S61, S62 and
93 S71 that are computed to bind favorably with one or both ends of the zipper (Fig. 1). Our selection of
94 these four peptidic inhibitors was based on two criteria; (1) the inhibitors should disrupt the dual β -
95 sheet architecture by introducing steric clashes between mating sheets, and (2) the inhibitors should
96 prevent extension of each β -sheet. The first round of design involved *in silico* testing of 9-10 residue
97 peptides on the NACore segment, and the top candidates were then tested *in vitro* in aggregation
98 assays with full-length α -syn. The most promising designs from the first round were improved by
99 adding linker sequences and tags for improving solubility, yielding the four inhibitors. The binding
100 energies and shape complementarity of the four inhibitors are favorable (Fig 1B). All the inhibitors
101 retain most residues of the native sequence of NACore but contain one or more modified residues.
102 Rodriguez *et al.* showed that a smaller 9-residue segment within NACore [69-AVVTGVTAV-77]
103 aggregates slower than NACore and the structure is similar to NACore. In order to prevent the self-
104 aggregation of our designed inhibitors, we used the shorter segment along with one or more
105 modifications. S37 has a Trp replacement for Thr72 that induces a steric clash with the mating β -
106 sheet (Fig. 1A), and a poly-lysine tag is added at the C-terminus to produce charge-charge repulsion
107 in the parallel β -sheet structure of NACore. S37 is predicted to bind both tips of the steric zipper
108 fibril. S61 and S62 retain the same inhibitor sequence as S37 but instead of a poly-lysine tag, a TAT
109 tag is added to aid solubility and prevent self-aggregation. S71 has a methylated glycine at Gly73 that
110 weakens hydrogen bonding along the β -sheet and an additional TAT tag for solubility. Our designs
111 ensure disruption of both homo and hetero steric zippers of NACore.



B

Inhibitor	Sequence	Top Binding Energy (REU)	Bottom Binding Energy (REU)	Sc
S37	GAVVWGVTA VKKKKK	-36.1	-39.4	0.72
S61	GAVVWGVTA VGRKKRRQRRRPQ	-36.1	-39.4	0.72
S62	GAVVWGVTA VKKGRKKRRQRRRPQ	-36.1	-39.4	0.72
S71	YGRKKRRQRRRAVVT{nme-Gly}VTAVAE	does not bind	-38.4	0.75

Fig. 1: Design of α -syn seeding inhibitors. (A) Structure-based design of α -syn aggregation inhibitors. The NACore protofilament is a dual β -sheet homo-steric zipper (upper left) (PDB ID: 4RIL). The inhibitors (cyan) cap the protofilament at one or both ends. S37, S61 and S62 are shown here to bind to the end with lower binding energy and S71 is shown to bind the only end to which it is predicted to bind. (B) Binding energies (REU, Rosetta energy units) of the four inhibitors calculated by Rosetta suggest that S37, S61 and S62 bind to both top and bottom interfaces whereas S71 is predicted to bind only to the bottom of the protofilament. Shape complementarities (Sc) of all four inhibitors with the end of the protofilament are high.

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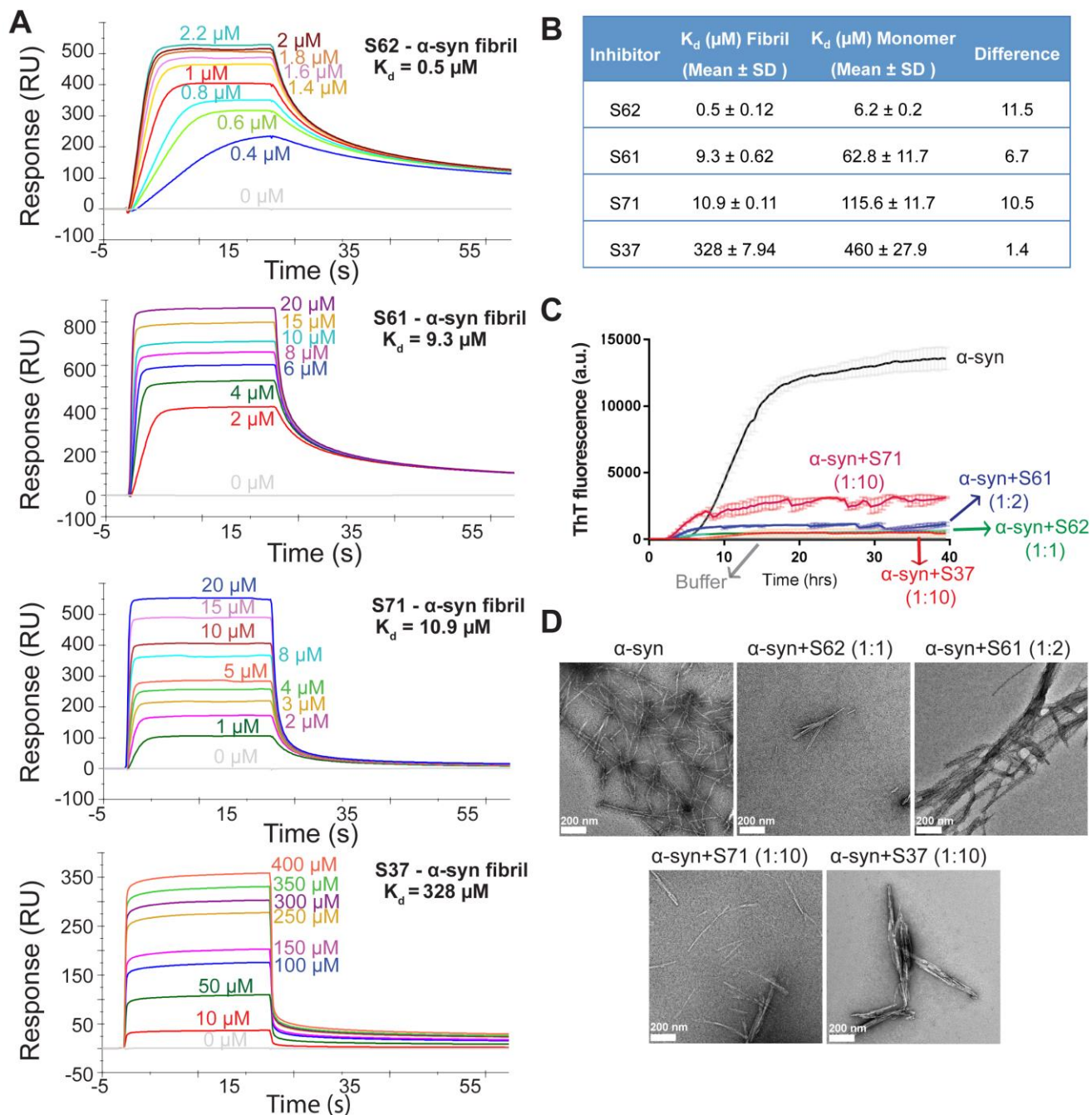
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- 2. Designed inhibitors bind to full-length α -syn fibrils with high affinity and prevent aggregation of full-length α -syn *in vitro*:** Computational modeling predicted that our candidate peptidic inhibitors bind α -syn fibril seeds and prevent their growth and propagation. To obtain direct evidence of binding of our inhibitors to α -syn fibril seeds, we used surface plasmon resonance (SPR) (Fig. 2A). For the SPR experiments, α -syn fibrils were immobilized on a CM5 sensor chip using standard amine coupling chemistry. For immobilization, mature α -syn fibrils were sonicated to form short fragments (Figure 2-figure supplement 1A) and then filtered through a 0.22-micron filter to remove large aggregates, retaining short fibrils (Figure 2-figure supplement 1A). We confirmed that short fibrils generated by sonication retain the ability to seed monomeric α -syn using an *in vitro* seeded-aggregation assay. Aggregation assay showed that

124 short fibrils efficiently seed the aggregation of recombinant monomeric α -syn (Figure 2-figure
125 supplement 1B). We then immobilized the sonicated and filtered α -syn fibrils on a CM5 SPR
126 chip and measured affinities of our peptide inhibitors to the fibrils. The binding assay was
127 performed by injecting each inhibitor over two flow cells (blank control and flow cell with
128 immobilized fibrils) at concentrations ranging from 0.3 μ M to 200 μ M. SPR measurements show
129 an increase in SPR signal (response units) with increase in inhibitor concentration (Fig. 2A). The
130 equilibrium dissociation constant (K_d) was calculated by steady-state analysis, fitting the data
131 with 1:1 binding model (Fig. 2B). All four inhibitors bound α -syn fibrils. The inhibitor S62
132 showed highest binding affinity towards α -syn fibrils ($K_d = 0.5 \mu$ M) followed by S61 ($K_d = 9.28$
133 μ M), S71 ($K_d = 10.9 \mu$ M) and S37 ($K_d = 328 \mu$ M) (Fig. 2A and 2B). We also tested the binding
134 of our inhibitors towards monomeric α -syn (Figure 2-figure supplement 2). S37 bound with
135 similar K_d to both α -syn fibrils and monomers but the improved designs, S61, S62 and S71
136 showed 6-11-fold lower affinity to α -syn monomers (Fig. 2B). Weak binding of our inhibitors to
137 α -syn monomers is not surprising given that α -syn monomer has been reported to interact with
138 polycations such as poly-lysine, poly-arginine and polyethyleneimine (27). The binding of α -syn
139 with these polycations is attributed to the electrostatic interactions between the negatively
140 charged C-terminus of α -syn and the positive charge of polycations. All four inhibitors in our
141 study have a poly-lysine tag or a TAT tag, which have several lysine and arginine residues. The
142 weak binding of our inhibitors to monomeric α -syn may be due to electrostatic interactions
143 between the tags on our inhibitors and the C-terminus of α -syn monomers.
144

145 We further tested the efficacy of the inhibitors in an *in vitro* aggregation assay. Recombinantly
146 purified α -syn was aggregated by continuous shaking at 37 °C in the presence of the inhibitors
147 and monitored by measuring fluorescence of Thioflavin T (ThT), an amyloid binding dye. All
148 four inhibitors prevented aggregation as signaled by at least five-fold reduction in ThT
149 fluorescence of α -syn in presence of inhibitors (Fig. 2C). S62 and S61 showed most potency and
150 inhibited at equimolar concentrations while S37 and S71 showed efficacy at ten-fold higher
151 concentrations than α -syn. Electron microscopy (EM) of the aggregated samples confirmed that
152 in the presence of the inhibitors sparse and short fibrils are formed, whereas α -syn aggregated
153 alone forms abundant, long and unbranched fibrils (Fig. 2D). We also observe that presence of
154 inhibitors results in less abundant, thick bundled fibrils (Fig. 2D).
155

156 Together the ThT and SPR experiments suggest that the inhibitors hinder α -syn fiber formation;
157 their inhibitory effect may be attributed to their ability to bind α -syn fibril seeds and prevent
158 fibril growth.



159 **Fig. 2: Inhibitors bind α -syn fibrils and inhibit α -syn fibril formation *in vitro*.** (A). SPR measurements of the different inhibitors with α -syn fibrils. α -syn fibrils were immobilized on a CM5 sensor chip using standard amine coupling chemistry. For the binding assay, each inhibitor was injected at a flow rate of $30 \mu\text{l}/\text{min}$ at concentrations ranging from $0.5 \mu\text{M}$ to $500 \mu\text{M}$ (in running buffer, PBS, pH 7.4) at 25°C . Sensorgrams for each inhibitor showing increase in SPR signal (response units) with increase in inhibitor concentration. (B) The equilibrium dissociation constant (K_d) was calculated by fitting the plot of steady-state inhibitor binding levels (SPR signal at steady-state) against inhibitor concentration with 1:1 binding model. The K_d values were calculated as $0.5 \mu\text{M}$ for S62, $9.3 \mu\text{M}$ for S61, $10.9 \mu\text{M}$ for S71 and $328 \mu\text{M}$ for S37. Similar measurements with α -syn monomers (Figure 2-figure supplement 1) show that inhibitors bind with 1 to 11-fold lower affinity to α -syn monomers. (C) Thioflavin T assay to measure α -syn aggregation and the effect of inhibitors. $50 \mu\text{M}$ α -syn was aggregated in the presence of different inhibitors (α -syn:inhibitor molar ratios); S62 (1:1), S61 (1:2) and S71 (1:10) and S37 (1:10). All four inhibitors decreased ThT fluorescence indicative of inhibition of aggregation. Each curve is an average of 3 data sets and error bars represent standard deviations. (D) Electron micrographs of α -syn aggregated with and without the different inhibitors. Sparse fibrils are seen in the presence of inhibitors compared to α -syn aggregated alone. In the presence of inhibitors, α -syn forms short, bundled fibrils with thick morphology compared to thin long fibrils in case of α -syn aggregated alone. Scale 200 nm. 6

160 **3. α -syn aggregates formed in the presence of inhibitors show reduced seeding in cell culture**
161 **models:** We tested the efficacy of the inhibitors in preventing aggregation in a cell culture
162 model. For these assays, we used two HEK293 cell lines that stably express YFP-labeled full-
163 length wild type (WT) α -syn and the familial mutant, A53T (28). In this model system,
164 lipofectamine-mediated transfection of 125 nM recombinant α -syn fibrils seeds the aggregation
165 of the endogenous YFP-labeled protein, which appear as fluorescent puncta (Figure 3-figure
166 supplement 1A and B). Additionally, these puncta increase in size and number over time (Figure
167 3-figure supplement 1C, left). This proliferation of puncta over time is indicative of a ‘seeding’
168 phenomenon whereby a small ‘seed’ of amyloid fibrils induces aggregation of the endogenous
169 protein (Figure 3-figure supplement 1C, left). For objective quantification, we used an imaging
170 cytometer that allowed high-throughput screening of cells and automated counting of puncta
171 formed over time (Figure 3-figure supplement 1A). In this experiment, α -syn was aggregated in
172 the presence of 10-, 5-, 2-fold molar excess and equimolar concentrations of each inhibitor
173 (Figure 3-figure supplement 2). The mixture was transfected in cells at a final concentration of
174 125 nM and puncta formation was visualized and counted (Fig. 3A). We observed a dose-
175 dependent increase in efficacy of all four inhibitors in reducing seeding in both WT and A53T α -
176 syn expressing cells (Fig. 3B). S62 caused significant reduction in puncta when present at
177 equimolar concentrations, whereas S61 was effective at 2-fold molar excess or more in both cell
178 lines. S71 and S37 showed efficacy in reducing cell seeding in both cell lines only at 5- and 10-
179 fold molar excess. These results are also consistent with our SPR binding studies. S62 had the
180 highest affinity for α -syn fibrils followed by S61 and then S71 and S37. Further, ThT
181 fluorescence and electron micrographs showing fibril formation profile of α -syn aggregated in
182 presence of different molar excess concentrations of inhibitors corroborate our cell seeding
183 results (Figure 3-figure supplement 2). That is, S62 was most effective in inhibiting α -syn
184 aggregation *in vitro* (Figure 3-figure supplement 2A). S62 causes about 25-65-fold decrease in
185 ThT fluorescence of α -syn during aggregation. Electron micrographs of these samples show very
186 sparse fibrils in the presence of equimolar and 2-fold molar excess of S62 and no fibrils are
187 observed at 5- and 10-fold molar excess of S62 (Figure 3-figure supplement 2A). This
188 corroborates our cell seeding data; α -syn aggregated in presence of equimolar and 2-fold molar
189 excess of S62 have significantly reduced cell seeding and α -syn aggregated in presence of 5- and
190 10-fold molar excess of S62 lose most of their seeding capacity. Further, S61 is less potent
191 compared to S62 in inhibiting α -syn aggregation *in vitro*. S61 causes 8-15-fold decrease in ThT
192 fluorescence compared to 25-65-fold decrease in ThT fluorescence caused by S62 (Figure 3-
193 figure supplement 2A and B). We observe fibrils at equimolar concentration of S61; the
194 abundance of fibrils decreases with increase in concentration of S61 (2-, 5- and 10-fold molar
195 excess) (Figure 3-figure supplement 2B). Thus, S61 is most effective in reducing cell seeding at
196 2-, 5- and 10-fold molar excess. S71 and S37 are less effective in inhibiting α -syn aggregation,
197 showing a significant decrease in ThT fluorescence and number of fibrillar aggregates only at 5-
198 and 10-fold molar excess (Figure 3-figure supplement 2C and D), which is consistent with their
199 efficacy in cell seeding assay. Thus, our results from binding studies, *in vitro* aggregation studies
200 and the cell seeding assay correlate.

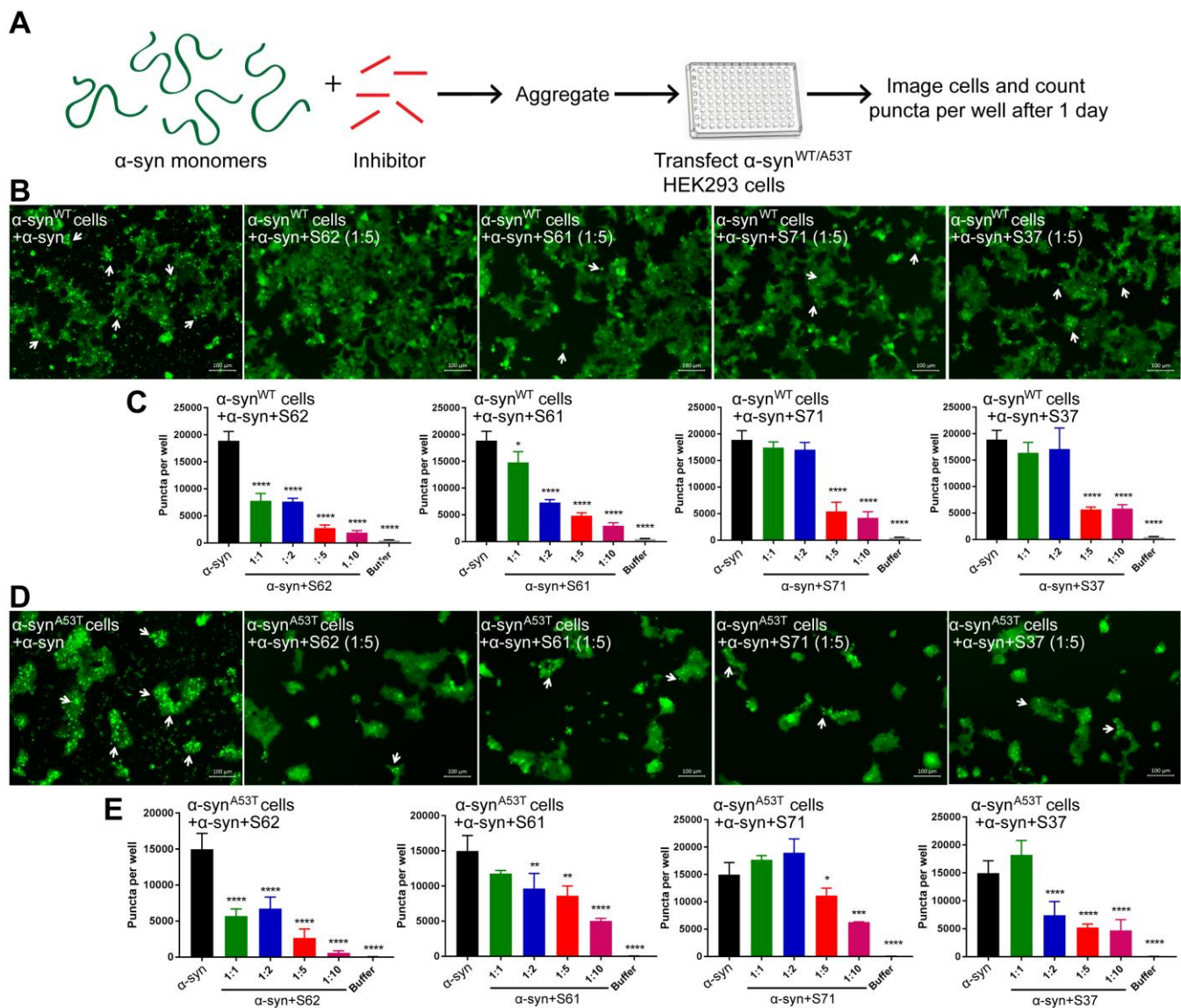


Fig. 3: α -syn aggregates formed in the presence of inhibitors show reduced seeding ability in cells. (A) Experimental design of cell culture seeding assay. 50 μ M recombinant α -syn monomers (green) were aggregated (by agitation at 37°C for 2 days) in presence of various amounts of inhibitors (red). Then HEK293 cells expressing YFP labeled WT/A53T α -syn were transfected with α -syn aggregated in presence or absence of inhibitors. Cells were imaged after one day using fluorescence microscopy and the bright fluorescent puncta were counted using imaging cytometer. (B and D) Representative fluorescence micrographs of HEK293 cells expressing YFP-labeled WT (B) and A53T (D) α -syn transfected with aggregated α -syn in presence or absence of inhibitors. Transfection of α -syn aggregates induced endogenous α -syn to form large aggregates seen as bright puncta (white arrows). Transfection of α -syn aggregated in presence of inhibitors induced fewer puncta (white arrows) suggesting that all 4 inhibitors reduce the seeding ability of α -syn. Scale 100 μ m. (C and E) Quantification of puncta formed in different conditions. With increasing concentrations of inhibitor, there is a decrease in number of puncta formed showing that the inhibitors decrease α -syn seeding ability in a dose-dependent manner. Results shown as Mean + SD (n=3) of technical replicates. Statistical significance was analyzed by two-way ANOVA. (**p < 0.01, ***p < 0.001, ****p < 0.0001).

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4. The inhibitors do not self-aggregate or seed α -syn aggregation in cell culture: We performed a control study to test the aggregation propensity of the inhibitors by themselves (Fig. 4). Each inhibitor was aggregated at 500 μ M concentration with continuous agitation at 37°C for two days. Fibril formation was monitored by measuring ThT fluorescence. α -syn used as a positive control showed a time dependent increase in ThT fluorescence indicative of fibril formation but none of the inhibitors showed increase in ThT fluorescence over a period of two days (Fig. 4A). All samples were also observed under EM (Fig. 4B). Abundant fibrils were present in α -syn incubated for two days. No fibrils were observed in any of the inhibitor samples. Only sparse, small dark structures, which may be uranyl acetate precipitates were observed in case of inhibitors incubated for two days (Fig. 4B). The aggregated inhibitors were then tested for their ability to seed in HEK293 cells. The cell culture seeding assay showed that α -syn fibril transfected cells had abundant puncta (shown by white arrows), whereas aggregated inhibitor transfected cells did not have any puncta (Figs. 4C and 4D).

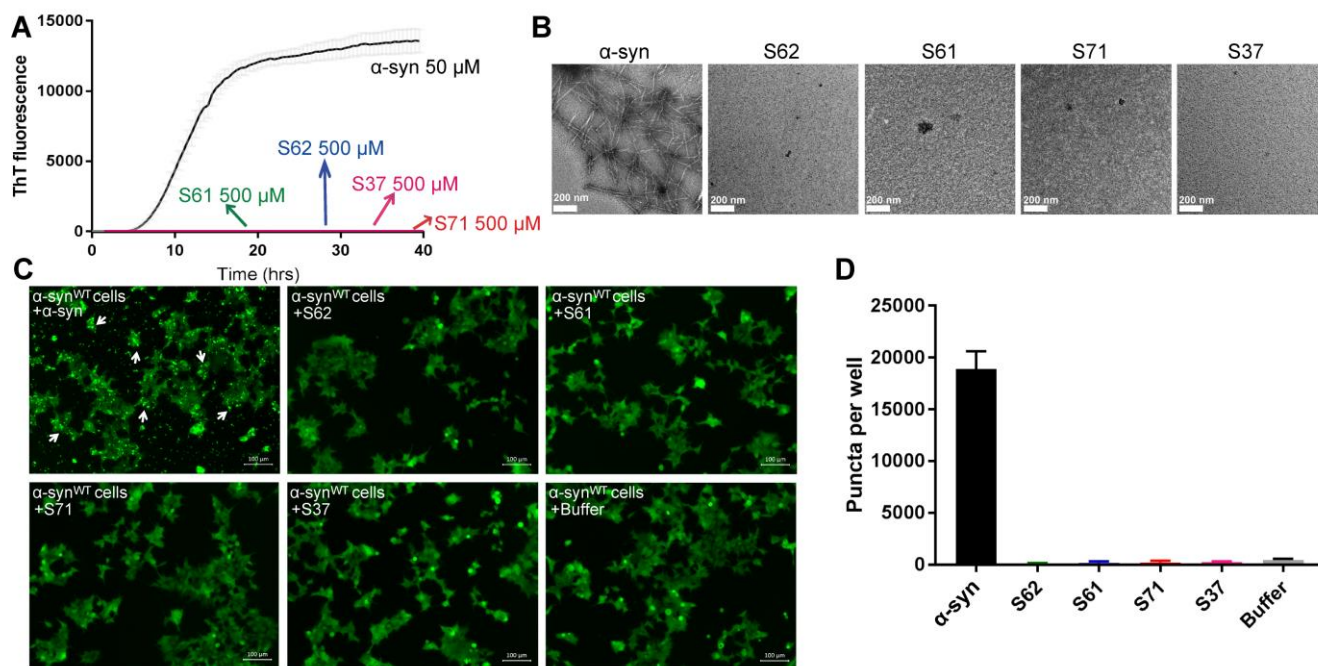


Fig. 4: Inhibitors do not aggregate by themselves and do not seed α -syn aggregation in cells. (A) Inhibitors, S61, S62, S37 and S71 incubated alone (at 500 μ M concentration) did not show any increase in ThT fluorescence over a time period of 2 days whereas α -syn showed a time dependent increase in fluorescence indicative of fibril formation. Each curve represents average of 3 data sets and error bars represent standard deviation. (B) Electron micrographs of ThT assay samples at the end of 2 days of incubation. Sparse, small amorphous aggregates are observed for any of the inhibitors, whereas abundant fibrils are observed for α -syn. Scale 200 nm. (C) Fluorescence micrographs of WT α -syn expressing HEK293 cells transfected with α -syn/inhibitor incubated under shaking conditions for 2 days. Cells were imaged after 1 day of transfection. Inhibitor transfected cells did not have any puncta, whereas α -syn transfected cells had abundant puncta (shown by white arrows). Scale 100 μ m. (D) Quantification of puncta formed in different conditions. In agreement with the visual findings, the quantification of puncta shows that inhibitor/buffer transfected cells did not have puncta whereas α -syn fibrils cause abundant puncta formation.

217 **5. Scrambling the binding motif sequence results in loss of inhibitory effect of our designed**
218 **peptides:** To test the sequence specificity of the inhibitory activity of our designed inhibitors we
219 created a scrambled peptide (SP) by scrambling the binding motif sequence of S61, keeping its
220 cell penetration tag intact. We then tested the efficacy of our SP (as a negative control) in
221 inhibiting α -syn aggregation *in vitro* and cell seeding. We observed that SP did not inhibit α -syn
222 aggregation *in vitro* (Figure 4-figure supplement 1A) and did not reduce seeding in our cell
223 culture model (Figure 4-figure supplement 1B and C). This shows that scrambling the binding
224 motif sequence results in loss of inhibitory effect of our designed peptides, and hence that the
225 inhibitor sequence is specific for binding.

226
227 **6. Co-transfection of α -syn fibrils with the inhibitors prevents seeding by fibrils in cell**
228 **culture:** We tested the efficacy of the inhibitors to prevent seeding of pre-formed α -syn fibrils in
229 the cell culture model (Fig. 5A). Pre-formed α -syn fibrils were incubated with different
230 concentrations of inhibitors at room temperature (RT) to allow binding. The mixture was then
231 transfected in HEK293 cells expressing YFP labelled WT/A53T α -syn (Fig. 5A). Cells were
232 imaged using fluorescence microscopy and the number of puncta formed was counted using
233 imaging cytometer after one day. Two (S62 and S61) out of the four inhibitors cause reduction in
234 puncta in both cell lines (Fig. 5B and 5D). The quantification of the puncta formed shown as bar
235 graphs in Figure 5C and 5D corroborates the visual findings. Only S62 and S61 show a
236 significant reduction of the seeding ability of α -syn fibrils. With increase in concentration of
237 inhibitors S62 and S61 we observe a decrease in number of puncta formed suggesting that the
238 inhibitors decrease α -syn seeding ability in a dose-dependent manner (Figs. 5C and 5D).
239 Notably, 25-100-fold molar excess of inhibitors was required to prevent seeding by pre-formed
240 fibrils in the cell culture assay (Fig. 5) as opposed to maximum 10-fold molar excess in case of
241 cell seeding with α -syn aggregated in presence of inhibitors (Fig. 3). We would expect higher
242 amounts of inhibitors for efficacy against pre-formed fibrils to off-set the effects of primary
243 nucleation, secondary nucleation and inhibitor dissociation from fibrils. Secondary nucleation
244 which may occur by the sides of the fibrils would create additional fibrils and thus require more
245 inhibitor than just fibril tip-mediated primary nucleation. Incidentally, inhibitors targeted against
246 Tau, an Alzheimer's associated amyloid protein also show efficacy at 25-100-fold molar excess
247 concentrations (29) suggesting that secondary nucleation is a common mechanism of aggregation
248 of amyloid proteins.

249
250 Further, in our binding studies we found that S62 and S61 bound α -syn fibrils with higher
251 affinity compared to S71 and S37. We suggest that higher potency of inhibitors S62 and S61 to
252 prevent cell seeding by pre-formed α -syn fibrils may be attributed to their higher affinity for α -
253 syn fibrils. In contrast, the inhibitors S71 and S37, which have lower affinity for α -syn fibrils do
254 not significantly affect cell seeding ability of α -syn fibrils. Further, we performed EM analysis of
255 pre-formed α -syn fibrils incubated with each inhibitor at RT for 3-4 hours (Figure 5-figure
256 supplement 1). The inhibitors S62 and S61 which reduce the seeding ability of pre-formed α -syn
257 fibrils also alter the morphology of the fibrils. Incubation of pre-formed α -syn fibrils with
258 inhibitors S62 and S61 results in lateral association of fibrils to form thick, bundled

259 morphologies (Figure 5-figure supplement 1). On the other hand, the inhibitors S71 and S37,
260 which do not significantly affect cell seeding ability of α -syn fibrils do not affect the morphology
261 of α -syn fibrils (Figure 5-figure supplement 1). Hence, our EM results are consistent with our
262 cell seeding results. The reason for the lower seeding ability of bundled thick morphologies of α -
263 syn fibrils is not yet clear. One possibility is that the inhibitors binds to multiple seeds
264 simultaneously causing their lateral association. We suggest that higher-resolution structural
265 studies are required to understand the relation of structure of fibrils to their seeding ability.
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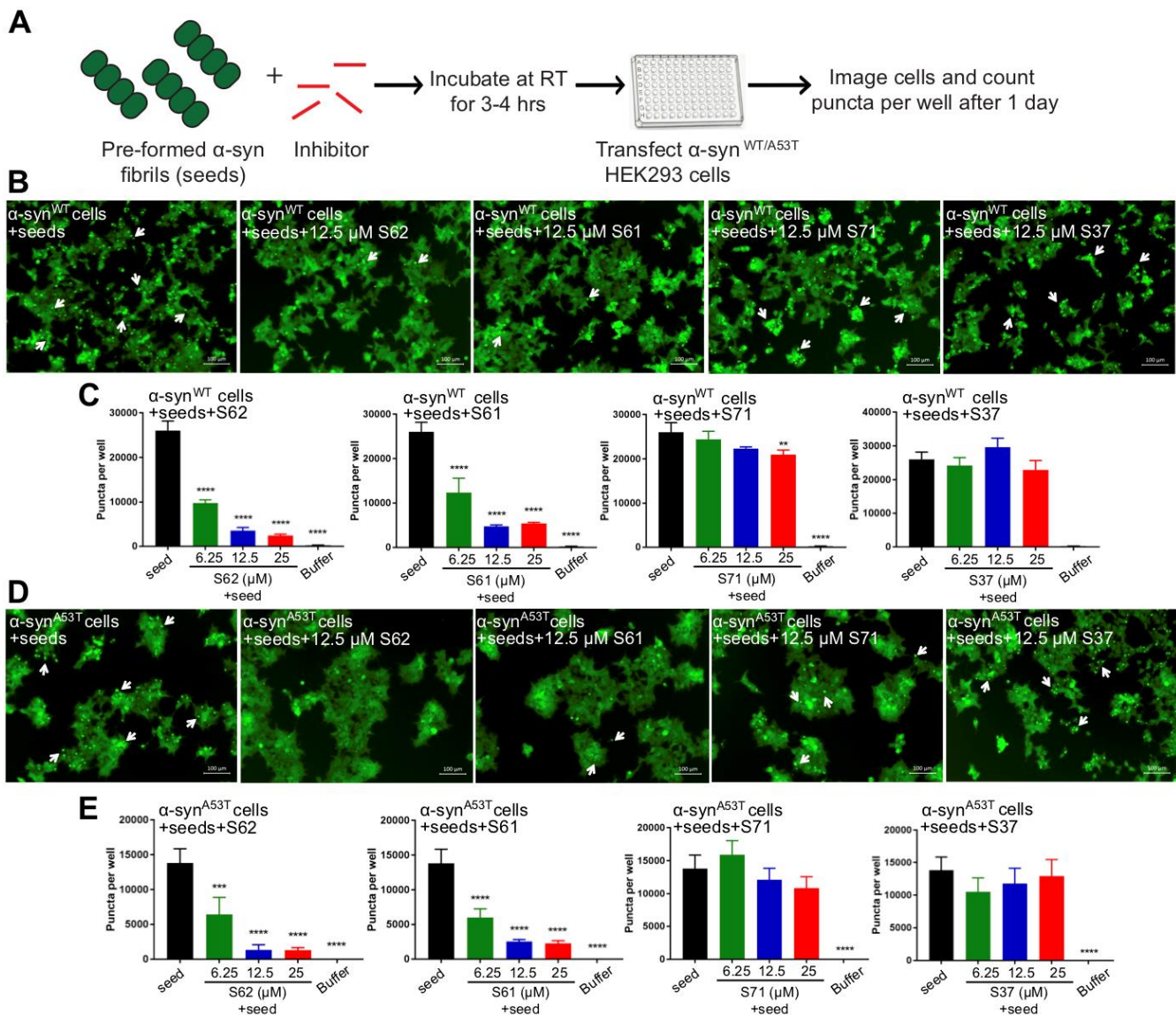


Fig. 5: Inhibitors reduce the seeding ability of α -syn fibrils in cells. (A) Experimental design of cell culture seeding assay. Pre-formed α -syn fibrils (green) were incubated with various amounts of inhibitors (red) for 3-4 hours to allow binding. The mixture was transfected in HEK293 cells expressing YFP labeled WT/A53T α -syn. After 1 day of transfection, cells were imaged using fluorescence microscopy and the bright fluorescent puncta were counted using imaging cytometer (B and D) Representative fluorescence micrographs of HEK293 cells expressing YFP labeled WT (B) and A53T (D) α -syn transfected with seeds and seeds pre-incubated with inhibitors. Transfection of α -syn seeds induced endogenous α -syn to form large aggregates seen as bright puncta (white arrows). Transfection of α -syn seeds pre-incubated with inhibitors S62 and S61 induced fewer puncta (white arrows) in both WT and A53T α -syn expressing HEK293 cells but S37 and S71 do not have a significant effect on puncta formation. Scale 100 μ m. (C and E) Quantification of puncta formed in different conditions. In agreement to the visual findings the quantification of puncta shows that S62 and S61 significantly reduce the number of puncta in both cell lines. This means that pre-incubation of α -syn fibrils with inhibitors (S62 and S61) that have higher binding affinity for α -syn fibrils reduces cell seeding ability. In contrast, the inhibitors S71 and S37, which have lower affinity for α -syn fibrils do not have a significant effect on cell seeding ability of α -syn fibrils. Results shown as Mean + SD (n=3) of technical replicates. Statistical significance was analyzed by two-way ANOVA. (**p < 0.01, ***p < 0.001, ****p < 0.0001).

272 **7. Inhibitors prevent seeding by MSA human brain tissue derived seed in cell culture:** We
273 tested the ability of fibrils extracted from two different MSA subjects and one age-matched control
274 subject (Fig. 6A) to seed in our HEK293 cell culture model. The tissues obtained were from
275 substantia nigra region of the brain of each subject (Fig. 6A). We extracted insoluble protein
276 aggregates using previously published protocol that included precipitation with phosphotungstate
277 anion (PTA) and the ionic detergent sarkosyl (30, 31). Western blot analysis using α -syn-specific
278 antibody showed that α -syn is present in extracts from both MSA brain samples and the control
279 brain sample (Fig. 6B). EM analysis of these extracts showed fibrillar structures in extracts from
280 both MSA samples, whereas no fibril-like structures were found in control brain extracts (Figs. 6C
281 and Figure 6-figure supplement 1). Next, we transfected these extracts from each brain sample in
282 HEK293 cells expressing YFP labeled α -syn. We observed robust seeding in HEK293 cells
283 expressing A53T α -syn seven days after transfection with extracts from each of the MSA brain
284 samples but low levels of seeding in WT α -syn expressing HEK293 cells and (Figure 6-figure
285 supplement 2 and 6D). Transfection with buffer or extracts from control brain samples does not
286 cause seeding in cells (Figure 6-figure supplement 2 and 6D). Seeding by MSA derived extracts
287 and not by control extracts suggests that the seeding is not a non-specific effect of other cellular
288 elements present in the brain extracts but is a specific effect of α -syn aggregates present in the
289 MSA brain samples.
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291

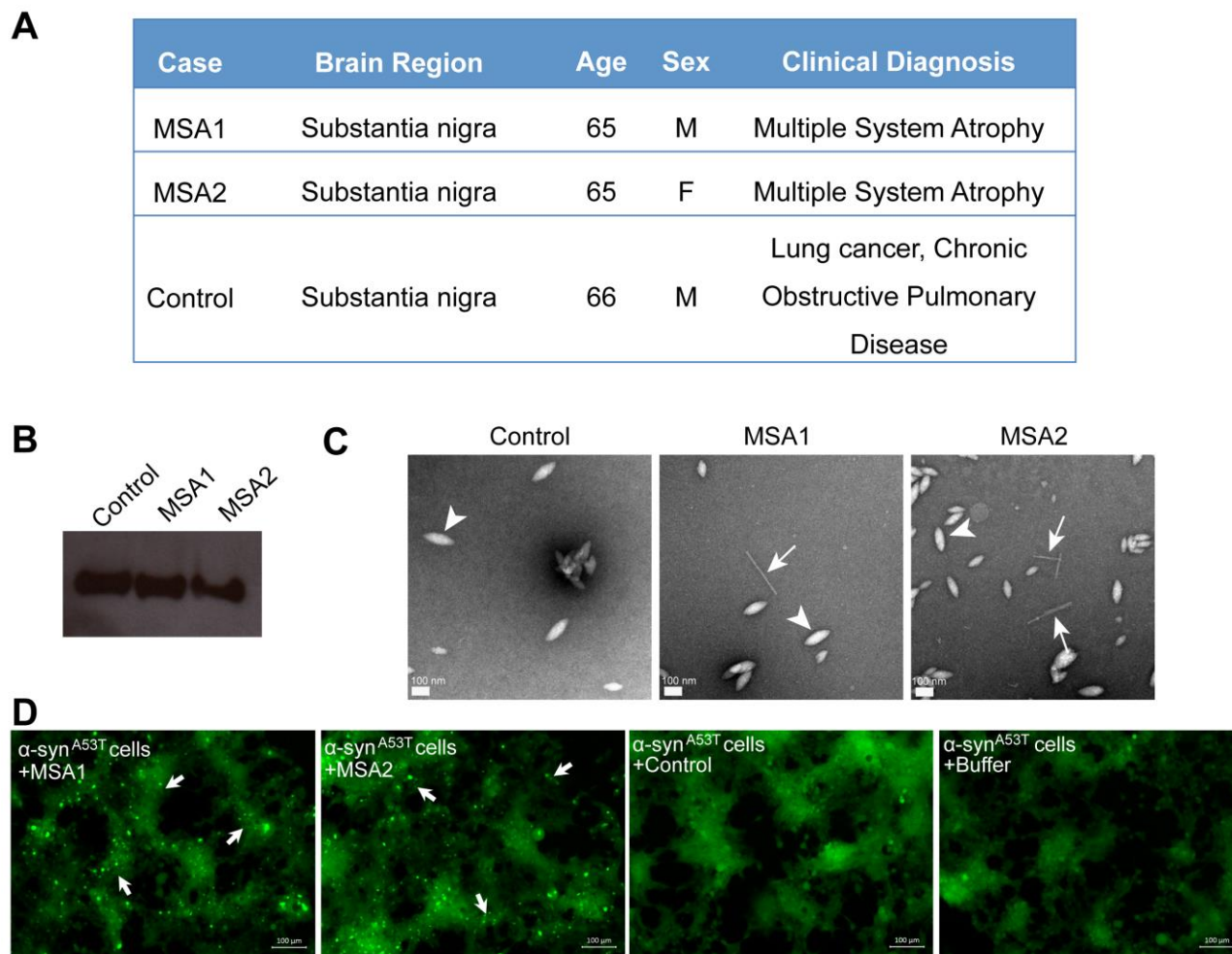


Fig. 6: MSA derived α -syn fibrils seed α -syn aggregation in cell culture model. (A) Clinical information of human tissues used in this study. (B) Western blot of extracts from MSA1, MSA2 and control brain samples. All three samples show positive reactivity against α -syn. (C) Electron micrographs of extracts from MSA1, MSA2 and control brain samples. Fibrillar structures (white arrows) were found in MSA1 and MSA2 samples but not in control sample. Large amorphous structures (white arrowheads) are seen in all three samples. Scale 100 nm. (D) Fluorescence micrographs of HEK293 cells expressing A53T α -syn transfected with extracts from MSA1, MSA2 and control brain samples. Images were taken 7 days after transfection. Robust seeding was observed in MSA1 and MSA2 transfected cells (puncta shown by white arrows), whereas no seeding was observed in buffer or control transfected cells. Scale 100 μ m.

292 We tested the efficacy of the inhibitors in preventing cell seeding by MSA derived α -syn fibrils
 293 (Fig. 7A). For these experiments, we utilized A53T α -syn-expressing HEK293 cells, which
 294 showed robust seeding. We incubated extracts from MSA1 and MSA2 samples with each inhibitor
 295 at RT for 3-4 hours to allow binding. The mixture was then transfected in HEK293 cells. Seven
 296 days post transfection, cells were imaged using fluorescence microscopy and the puncta formed
 297 were counted using imaging cytometer. All four inhibitors significantly reduce cell seeding by
 298 both MSA1 and MSA2 samples (Figs. 7B, 7C, 7D and 7E). Quantification of puncta formed in
 299 each condition showed that S62 was the most potent inhibitor followed by S71, S37 and S61 (Figs.
 300 7D and 7E). Although the inhibitors display variability in activity, all four of our designs interact
 301 favorably with MSA derived α -syn fibrils and reduce their seeding in this cell culture model. Our

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designed inhibitors are effective not only against recombinant α -syn fibrils but also against patient derived fibrils demonstrating the clinical relevance of our designs.

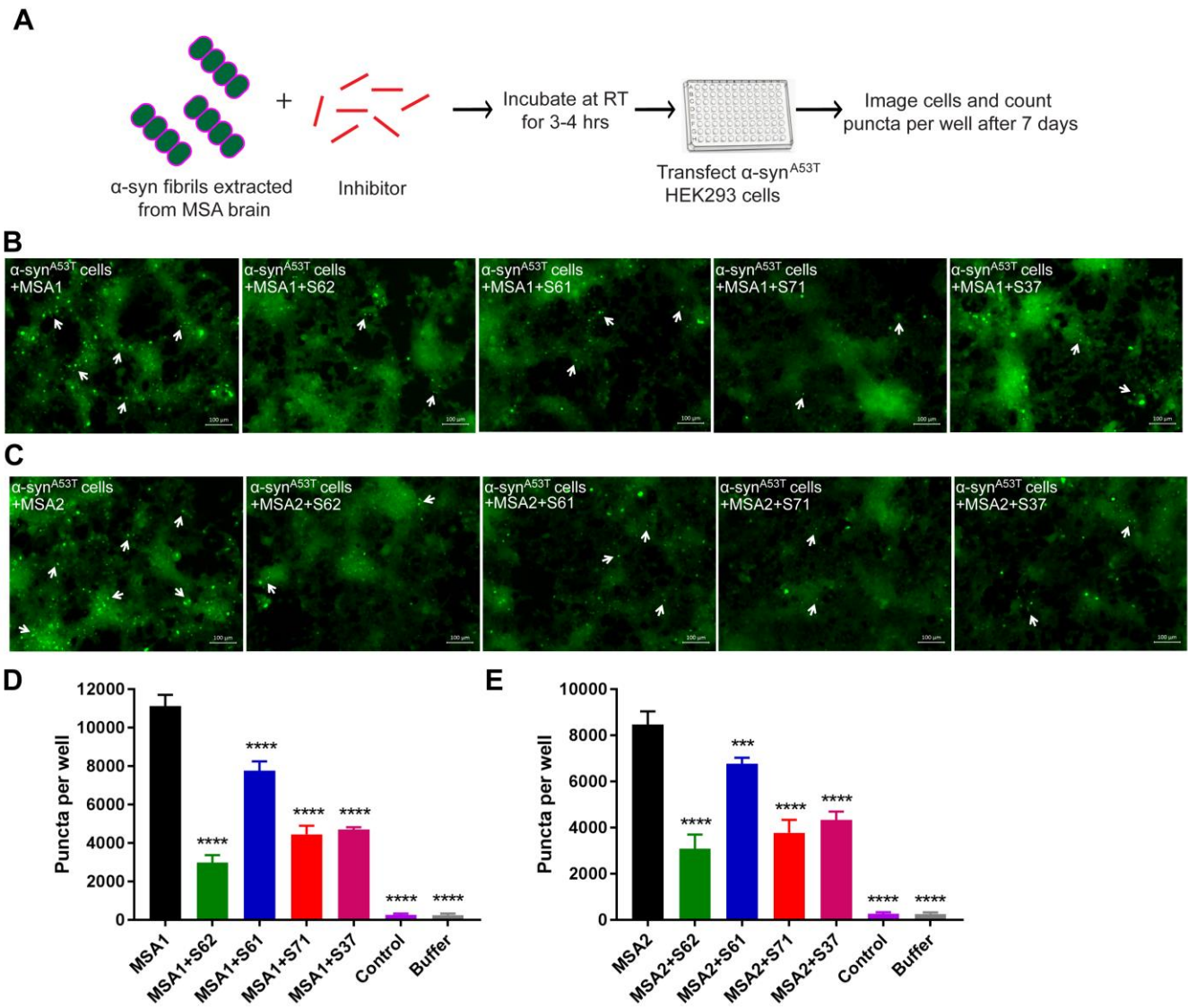


Fig. 7: Inhibitors reduce the seeding by MSA derived α -syn fibrils. (A) Experimental design of cell culture seeding assay showing MSA derived α -syn fibrils (green) were incubated with each inhibitor (red) for 3-4 hours to allow binding. Then HEK293 cells expressing YFP labelled A53T α -syn were transfected with this mixture. After 7 days of transfection cells were imaged using fluorescence microscope and the bright fluorescent puncta were counted using imaging cytometer. (B and C) Representative fluorescence micrographs of the cells show that all the four inhibitors cause reduction in puncta (shown by white arrows) both in MSA1 (B) and MSA2 (C) transfected cells. Scale 100 μ m. (D and E) Quantification of puncta in different conditions. All four inhibitors significantly reduce seeding by both MSA1 and MSA2 samples. Results shown as Mean + SD (n=3) of technical replicates. Statistical significance was analyzed by two-way ANOVA. (**p < 0.01, ***p < 0.001, ****p < 0.0001).

305
306

307 **Discussion:**

308

309 We describe a structure-based approach to halt α -syn aggregation and spreading. Our approach is based
310 on the hypothesis that the atomic structure of the NACore β -sheet is preserved in α -syn seeds, either in a
311 homo-steric zipper or hetero-steric zipper, and that it seeds endogenous α -syn into a zipper
312 conformation. Using the atomic structure of NACore, we developed inhibitors that hinder fibril growth
313 and propagation and tested their efficacy *in vitro* and in cell culture. The inhibitors are optimized to cap
314 the ends of α -syn fibrils, preventing further addition of monomers. We used the software Rosetta to
315 design peptide sequences that interact favorably with the NACore segment. The energy function of
316 Rosetta describes electrostatic interactions, hydrogen bonding and van der Waals forces, among other
317 terms to assess binding energy. Once a specific residue has been shown to produce favorable binding in
318 a certain position of the designed peptide, it can be fixed, while the rest of the sequence is further
319 optimized. We performed this process of fixing and redesign iteratively until an optimal set of sequences
320 was identified. This rational design process allowed for computationally sampling of orders of
321 magnitude more inhibitor sequences than what was experimentally feasible to test

322

323 To find the most effective inhibitors, nearly 100 different designs were tested experimentally using *in*
324 *vitro* aggregation assays with sequential rounds of optimization on the inhibitor design. For example, we
325 observed that the location of the tag on N- or C- terminus affects the efficacy of the inhibitors.
326 Additionally, the type of modification added can also affect its efficacy. In our case, only a Trp
327 substitution at Thr72 was effective whereas Arg substitution was not. Although the computational
328 approach is not powerful enough to identify a single most efficient design, it can narrow our search for
329 candidate inhibitors, which can then be refined through rational design, by adding small modifications in
330 linker sequences and solubility tags to further improve the efficacy. Notably, S37, S61 and S62 retain
331 the same binding motif/inhibitor sequence but show variability in their binding affinity towards
332 recombinant α -syn fibrils as well as their potencies in inhibiting α -syn aggregation *in vitro*. The
333 difference in the activities of S37, S61 and S62 may arise from different solubility and steric
334 accessibility of the inhibitor sequence. Nevertheless, α -syn fibril binding properties of inhibitors are
335 consistent with their efficacy in inhibiting α -syn aggregation. The inhibitors that bind α -syn fibrils with
336 higher affinity are more potent inhibitors of α -syn aggregation confirming the specificity of our strategy.

337

338 The efficiency of capping inhibitors in preventing seeding was tested using a HEK293 cell-based assay.
339 In this system, transfection of nanomolar amounts of α -syn seeds causes aggregation of the endogenous
340 α -syn into puncta. These puncta display amyloidogenic properties, binding to amyloid-specific small
341 molecules, faithfully transferred to daughter cells upon cell division and remarkable specificity. For
342 example, α -syn fibrils can seed only α -syn protein into aggregates and not other amyloid-forming
343 proteins such as Tau and amyloid- β (28). Notably, in this system we do not observe acute cell death
344 upon formation of puncta (Fig. S3C, right). Our inhibitors prevent puncta formation in this system with
345 a single administration of inhibitors being effective up to 7 days. S62 and S61, which have higher
346 binding affinity for α -syn fibrils also, are more potent inhibitors of seeding ability of α -syn fibrils.
347 Additionally, S71 which is predicted to bind to only one of the tips of the fibril has lower affinity for α -

348 α -syn fibrils compared to S62 and S61. Most notably, despite having only slightly less α -syn fibril binding
349 affinity compared to S61, S71 displayed only marginal reduction in seeding by recombinant α -syn
350 fibrils. The efficacy of S71 in inhibiting seeding was similar to that of S37, which has 30-fold lower α -
351 syn fibril binding affinity compared to S71. This is potentially due to the second fibril tip that is
352 available for fibril elongation in presence of S71. The cell culture assay does not recapitulate other
353 features of neurodegenerative diseases, notably cellular toxicity. Nor does this assay address the roles of
354 non-neuronal cells. Our finding of peptide inhibitors encourages future tests of their effects in animal
355 models.

356
357 Fibrils formed by the A53T familial mutant protein are structurally similar to WT fibrils and can be
358 inhibited by the peptidic inhibitors. Among the seven presently known missense familial mutations
359 associated with PD, we chose A53T because it has been shown to increase the aggregation propensity of
360 α -syn (32-34). A structural hypothesis proposed was that the mutation stabilizes the hetero-interaction of
361 segments, 68-78 and 47-56 that form the core of α -syn fibrils (2, 3). In one cryo-EM structure, the
362 mutation is proposed to stabilize the interaction of two protofilaments (4). The inhibitors were effective
363 in preventing seeding of A53T mutant protein in cell culture model supporting the hypothesis that the
364 structure of the familial A53T mutant fibrils is similar to WT fibrils and can be inhibited by our capping
365 inhibitors.

366
367 Prion-like strains of amyloid proteins have been proposed and multiple strains challenge the design of
368 inhibitors. We extracted pathological α -syn aggregates from MSA patients' brains. We observe that
369 MSA patient-extracted α -syn fibrils cause abundant puncta formation in our cell culture model. Since
370 A53T α -syn has higher propensity to form fibrils, we observe more aggressive seeding by MSA patient-
371 extracted α -syn fibrils in A53T α -syn expressing HEK cells compared to WT α -syn expressing HEK
372 cells. Further, all four inhibitors significantly reduce the cell seeding ability of MSA patient-extracted α -
373 syn fibrils. The four inhibitors varied in efficiency against different seeds. For example, S62, S37 and
374 S71 were more effective in reducing seeding by MSA derived α -syn fibrils than S61. MSA samples may
375 contain a strain/mixture of strains of α -syn fibrils, which are structurally distinct from recombinant α -
376 syn fibrils. Hence, the interactions between the inhibitors and MSA derived α -syn fibrils may be distinct
377 from those between inhibitors and recombinant α -syn fibrils. Efficacy of all four of our candidate
378 inhibitors in reducing cell seeding by MSA-derived α -syn fibrils shows the clinical relevance of our
379 design. Further, in the NMR structure of full-length α -syn fibrils the NACore segment was found in the
380 core although not fully extended like the crystal structure of the homo zipper (2). It is conceivable that
381 the NMR structure and the homo-steric zipper structure are polymorphs and the inhibitors vary in
382 efficiency against these polymorphs. α -syn polymorphs have been shown to differ in seeding capacity,
383 morphology and cytotoxicity. Currently, there is no diagnostic to identify the different polymorphs in
384 human subjects or in any model system. In the absence of a diagnostic, a cocktail of different inhibitors
385 targeting different polymorphs might be effective. Our inhibitors can also be used as a diagnostic to
386 identify different α -syn strains.

387

388 In summary, we used a combination of computational methods and rational design to develop a line of
389 inhibitors to prevent the spread of α -syn aggregates. Our approach was made possible by the
390 determination of the atomic structure of the core of α -syn amyloid fibrils. This approach can be adopted
391 for other diseases where seeding plays a role in disease progression.
392

393 **Materials and methods:**

394

395 **Computational design of inhibitor peptides:** Computational designs were done using the FastDesign
396 protocol in Rosetta version 3.8, according to previously described methods (35). Briefly, the crystal
397 structure of the NACore segment (PDB ID: 4RIL) was used as a design template. Crystal symmetry was
398 used to align an extended nine-residue L-amino acid blocker peptide to the fibril structure, on both the
399 top and bottom face of the β -sheet. Full sequence optimization of the extended peptide was performed,
400 and rigid body orientation, backbone conformation, and side-chain packing of the blocker peptide were
401 optimized for each sequence. Shape complementarity and buried surface area for each design were
402 calculated using the InterfaceAnalyzer protocol in Rosetta. The designs were ranked by total binding
403 energy, and the top-ranking peptides were synthesized and further tested.

404

405 **α -syn purification:** The α -syn construct was transformed into *Escherichia coli* expression cell line
406 BL21 (DE3) gold (Agilent Technologies). For expression, 10 ml LB + Amp (100 μ g/mL) was
407 inoculated from transformed colonies and grown overnight. 30 ml of starting culture was added to a 2 L
408 flask containing 1 L LB + Amp (100 μ g/mL) and grown for 3 hours at 37 °C to OD₆₀₀ = 0.6. IPTG was
409 then added to 0.5 mM to induce protein expression, which continued for an additional 3 hours. The
410 bacterial pellet was collected by centrifugation at 4000 rpm for 10 mins. Cell pellet was resuspended in
411 15 mL/L pellet lysis buffer (100 mM Tris- HCl pH 8.0, 1 mM EDTA pH 8.0) and lysed by sonication.
412 Crude cell lysate was clarified by centrifugation at 15000 g for 30 min at 4 °C. 10 mg/ml Streptomycin
413 was added to the supernatant and stirred on ice for 30 mins followed by centrifugation at 15000 rpm for
414 30 mins. Protein was then purified by ammonium sulfate precipitation by adding 0.22 g/ml ammonium
415 sulfate and stirred on ice for 30 mins followed by centrifugation at 15000 rpm for 30 mins. The
416 supernatant was discarded and the pellet re-suspended in 12 mL/L pellet of 20 mM Tris pH 8.0. The
417 solution was then dialyzed against 4 L 20 mM tris pH 8.0 overnight to remove residual ammonium
418 sulfate. Next day, the protein was purified by HiPrep Q HP 16/10 column (GE Healthcare) using buffer
419 A (20mM Tris pH 8.0) and buffer B (20mM Tris pH 8.0; 0.5M NaCl) using a gradient from 0-100%
420 buffer B over 100 mL. Fractions containing protein were collected and pooled and injected on a
421 preparative size exclusion silica G3000 column (Tosoh Bioscience). The column buffer comprised 0.1
422 M sodium sulfate, 25 mM sodium phosphate, and 1 mM sodium azide, pH 6.5. The purified protein was
423 dialyzed in 0.1 M sodium sulfate and 25 mM sodium phosphate twice for 4 hrs and 12 hrs to remove
424 sodium azide. Protein fractions were collected and concentration measured by Pierce BCA protein assay
425 (Thermo #23225).

426 **Inhibitor synthesis:** The peptide inhibitors were commercially obtained from Genscript Inc. at greater
427 than 98% purity. The inhibitors were stored in lyophilized form in a desiccator box at -20°C. The
428 lyophilized inhibitors were freshly dissolved in PBS pH 7.4/0.1 M sodium sulfate and 25 mM sodium
429 phosphate buffer pH 6.5 before each experiment. Solubilized inhibitors were filtered with 0.2 μ M filter
430 and the concentration was calculated by measuring the absorbance at 280 nm.

431 **In vitro aggregation assay:** Frozen aliquot of the purified recombinant α -syn was thawed on ice and
432 diluted to 50 μ M in 0.1 M sodium sulfate and 25 mM sodium phosphate buffer pH 6.5. *In vitro*

433 aggregation was initiated by incubating 150 μ l, 50 μ M α -syn in presence of 20 μ M Thioflavin T (ThT)
 434 (amyloid binding dye), in black Nunc 96-well optical bottom plates (Thermo Scientific). To test the
 435 effect of inhibitors on α -syn aggregation, α -syn was incubated in the presence of different α -
 436 syn:inhibitor molar ratios, 1:1, 1:2, 1:5 and 1:10. One PTFE bead (0.125 inches diameter) was added in
 437 each well for facilitating agitation and mixing. The plates were incubated for 2-3 days in a microplate
 438 reader (FLUOstar Omega, BMG Labtech) at 37 $^{\circ}$ C with double orbital shaking at 600 rpm.
 439 Fluorescence measurements were recorded every 30 mins using $\lambda_{ex} = 444$ nm, $\lambda_{em} = 482$ nm. All
 440 samples were added in triplicates and experiments were repeated at least twice.

441 **Surface plasmon resonance (SPR) binding assay:** SPR experiments were performed using
 442 BiacoreT200 instrument (GE Healthcare). α -syn fibrils/monomers were immobilized on a CM5 sensor
 443 chip. α -syn fibrils were prepared by incubating 500 μ l of α -syn monomers at 500 μ M concentration in
 444 PBS pH 7.4 in torrey pine shaker at 37 $^{\circ}$ C, shaking speed 9 for 4 days. α -syn fibrils were isolated from
 445 the incubation mixture by centrifuging it at 13,000 xg, 4 $^{\circ}$ C for 45 minutes. The supernatant was
 446 removed, and the pellet was re-dissolved in an equal volume of PBS as that of supernatant. The isolated
 447 α -syn fibrils were sonicated using a probe sonicator for 1 minute at 18% amplitude with 2 sec on, 5 sec
 448 off pulses. The sonicated fibrils were filtered through a 0.22 μ filter to remove large aggregates. The
 449 sonicated and filtered fibrils were diluted to 5 μ g/ml in 10 mM NaAc, pH 3 and then immobilized
 450 immediately on a CM5 sensor chip using standard amine coupling chemistry. Briefly, the carboxyl
 451 groups on the sensor surface were activated by injecting 100 μ l of 0.2 M EDC and 0.05 M NHS mixture
 452 over two flow cells. The fibrils were then injected at a flow rate of 5 μ l/min over one flow cell of the
 453 activated sensor surface for 900 seconds. The remaining activated groups in both the flow cells were
 454 blocked by injecting 120 μ l of 1 M ethanolamine-HCl pH 8.5. Similar procedure was used for
 455 immobilizing α -syn monomers. Frozen aliquot of α -syn monomer was thawed on ice, diluted to 100
 456 μ g/ml in 10 mM NaAc, pH 4 and then immobilized immediately on a CM5 sensor chip. For the binding
 457 assay, each peptide inhibitor was injected at a flow rate of 30 μ l/min over both flow cells at
 458 concentrations ranging from 0.5 μ M to 500 μ M (in running buffer, PBS, pH 7.4) at 25 $^{\circ}$ C. For each
 459 sample the contact time and dissociation time were 30 seconds and 70 seconds, respectively. The data
 460 were processed and analyzed using Biacore T200 evaluation software 3.1. The data of flow cell with
 461 blank control was subtracted from the data of flow cell with immobilized fibrils/monomers. The
 462 equilibrium dissociation constant (K_D) was calculated by fitting the plot of steady-state peptide binding
 463 levels (R_{eq}) against peptide concentration (C) with 1:1 binding model (Eq 1). All binding assays were
 464 performed thrice, and the data is represented as the mean value \pm standard deviation.

465
$$R_{eq} = \frac{CR_{max}}{K_D + C} + RI \quad \dots\dots\dots \text{Eq 1}$$

466
 467
 468 R_{max} = Analyte binding capacity of the surface
 469 RI = Bulk refractive index contribution in the sample

470
 471 ***In vitro* seeded aggregation kinetics:** Frozen aliquot of the purified recombinant α -syn was thawed on
 472 ice and diluted to 50 μ M in PBS pH 7.4. The seeded fibril growth was initiated by incubating 150 μ l α -

473 syn (50 μ M), ThT (20 μ M) in the presence and absence of 2 μ M α -syn fibril seeds (intact
474 fibrils/sonicated fibrils/sonicated and filtered fibrils) in black Nunc 96-well optical bottom plates
475 (Thermo Scientific). α -syn fibril seeds (2 μ M) incubated alone were used as control. The plates were
476 incubated for 4-5 days in a microplate reader (FLUOstar Omega, BMG Labtech) at 37 °C with double
477 orbital shaking at 600 rpm. Fluorescence measurements were recorded every 30 mins using $\lambda_{ex} = 444$
478 nm, $\lambda_{em} = 482$ nm.

479
480 **Transmission electron microscopy (TEM):** 5 μ l α -syn at 10 μ M concentration was spotted on freshly
481 glow-discharged Formvar-Carbon film 400 mesh copper grids (Electron Microscopy Sciences). After 4
482 min incubation, grids were rinsed with 5 μ L ultrapure water and stained with 3 μ l filter sterilized uranyl
483 acetate solution (2% w/v in ultrapure water) for 4 min. Excess uranyl acetate was removed by blotting
484 and another 3 μ l of 2% uranyl acetate was spotted on the grid. After 3 min incubation, excess uranyl
485 acetate was removed by blotting and the grids were allowed to air dry for 5 min. TEM images were
486 taken using a FEI Tecnai T12 cryo-electron microscope at 120 kV with 15,000X magnification.

487
488 **HEK293 cell culture:** HEK293 cells that stably express YFP labeled WT α -syn and A53T α -syn were a
489 generous gift from Dr. Marc Diamond. Cell line was generated and validated in Sanders et al. Neuron
490 2014 and no additional validation was performed. Cells were grown in Dulbecco's modified Eagle's
491 medium (Gibco) supplemented with 10% fetal bovine serum (HyClone), 1% penicillin/streptomycin
492 (Gibco), and 1% glutamax (Gibco) in a humidified incubator in 37°C, 5% CO₂.

493
494 **Seeding in HEK293 cells:** 10000 live cells in 90 μ L media were plated in 96 well black wall plate (Cat
495 #3660) and allowed to adhere overnight. Lipofectamine 2000 was diluted in OptiMEM media (1 μ L +
496 19 μ L) and incubated at room temperature for 5 mins. Each sample from *in vitro* aggregation assay (α -
497 syn incubated alone or in presence of different concentrations of each inhibitor; α -syn monomer
498 concentration 50 μ M) were diluted in OptiMEM media (1:20) and sonicated in a Cup Horn water bath
499 for 3 mins at low pulse. Diluted lipofectamine and protein samples were then mixed 1:1 and incubated at
500 room temperature for 20 mins and 10 μ L was added to each well. For co-transfection of pre-formed α -
501 syn fibrils with inhibitors, the fibrils (α -syn monomer concentration 50 μ M) were diluted in OptiMEM
502 (1:20) and sonicated in a Cup Horn water bath for 3 mins at low pulse. Then, the fibrils were incubated
503 with different concentrations of each inhibitor (inhibitor: α -syn molar ratio 25:1 to 100:1) for 3-4 hours at
504 room temperature. Just before transfection, Lipofectamine 2000 was diluted in OptiMEM media (1 μ L +
505 19 μ L) and incubated at room temperature for 5 mins. Diluted lipofectamine and protein samples were
506 then mixed 1:1 and incubated at room temperature for 20 mins and 10 μ L was added to each well. Each
507 sample was transfected at a final α -syn monomer concentration of 125 nM. All samples were added in
508 triplicates and experiments were repeated at least twice. Images of cells in each well were acquired with
509 an Axio Observer D1 fluorescence microscope (Zeiss) using fluorescent GFP channel at 10 X
510 magnification.

511 **Measurement of intracellular puncta in cells:** Puncta formation and cell growth was measured using

512 Celigo Imaging Cell Cytometer allowing for unbiased measurement. Wells were imaged using
513 fluorescent GFP channel and confluence was measured using Celigo analysis software. Images of entire
514 wells were taken, and puncta were counted by ImageJ using the particle analysis plugin. Same settings
515 were used to analyze wells of one plate at all days. Total puncta counted in each well were normalized
516 against the confluence and are reported as puncta per well.

517
518 **Extraction of protein aggregates from MSA and control human brain tissues:** Frozen brain tissue
519 samples from 2 different MSA subjects and 1 age-matched control subject were obtained from UCLA
520 Brain Tumor Translational Resource (BTTR) and The Human Brain and Spinal Fluid Resource Center
521 (NIH Neurobiobank). From the frozen brain tissue samples we extracted insoluble protein aggregates
522 using previously published protocol that included precipitation with Phosphotungstate anion (PTA) and
523 the ionic detergent sarkosyl (30, 31). Briefly, frozen tissue from each subject was homogenized in ice
524 cold PBS (10% wt/vol) using Fisherbrand™ Disposable Tissue Grinders (Cat # 02-542-10). The brain
525 homogenate was centrifuged at 1500 x g for 5 mins. The supernatant was combined with benzonase and
526 sarkosyl to a final concentration of 0.5% and 2%, respectively. The mixture was incubated at 37°C in a
527 Torrey Pine shaker at speed 9 for 2 hours. To this PTA, pH 7.0, was added to a final concentration of
528 2%. This mixture was incubated at 37°C in a Torrey Pine shaker at speed 9 overnight. The sample was
529 then centrifuged at 16000 x g for 30 minutes at room temperature. The resulting pellet was re-suspended
530 in 2% sarkosyl and 2% PTA solution and incubated for 1 hour. The sample was centrifuged at 16000 x g
531 for 30 minutes at room temperature. The resulting pellet was re-suspended in 10% of the initial starting
532 volume of PBS.

533
534 **Western blot of extracts from MSA and Control human brain tissues:** The final resuspended pellet
535 from the tissue extraction procedure was mixed 1:1 with 4X SDS gel running buffer. The mixture was
536 boiled for 15 minutes in a water bath. Then 10 µL of each sample was loaded on NuPAGE 12% Bis-Tris
537 pre-cast protein gel and run at 200 V for 45 minutes. The protein was then transferred to a nitrocellulose
538 membrane using iBLOT2 Dry Blotting System. The membrane was treated with blocking solution (5%
539 non-fat skimmed milk powder in TBST) for 1 h at room temperature. The blot was then washed three
540 times with TBST for 5 minutes each. The blot was incubated with primary antibody (anti- α -syn, BD
541 Bioscience, Cat. 610787, 1:500 dilution in 2% non-fat skimmed milk powder in TBST) overnight at 4°C.
542 After incubation, the blot was washed three times with TBST for 5 minutes each, followed by 1 hour
543 incubation with horseradish peroxidase-conjugated secondary antibody (goat anti-mouse IgG H&L
544 (HRP), ab6789, Abcam, 1:3000 dilution in 2% non-fat skimmed milk powder in TBST). The blot was
545 then washed three times with TBST for 5 minutes each. The signal was detected using Pierce™ ECL
546 Plus Western Blotting Substrate (Cat # 32132) and Carestream BIOMAX Light Film (Cat # 868 9358).

547 **Seeding in HEK293 cells with extracts from MSA and Control human brain tissues:** 10000 live
548 cells in 90 µL media were plated in 96 well black wall plate (Cat #3660) and allowed to adhere
549 overnight. The final resuspended pellet from the tissue extraction procedure was diluted 10-fold in

550 OptiMEM and sonicated in a Cup Horn water bath for 4 hours. The sample was then incubated with
551 each inhibitor (480 μ M concentration) at room temperature for 3-4 hours. Just before transfection,
552 Lipofectamine 2000 was diluted in OptiMEM media (1 μ L + 19 μ L) and incubated at room temperature
553 for 5 mins. Diluted lipofectamine and protein samples were then mixed 1:1 and incubated at room
554 temperature for 20 mins and 10 μ L was added to each well. The final concentration of inhibitor in each
555 well was 25 μ M. All samples were added in triplicates and experiments were repeated at least twice.

556 **Statistical analyses:** All statistical analyses were done using Graphpad Prism 7.0. Unless stated
557 otherwise all assays were performed in triplicates (technical replicates) and repeated at least twice.

558
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562 Center (NIH Neurobiobank) for tissue samples and NIH AG054022 and AG054022 for support.

563
564 **Competing interests:** D.S.E. is chair of the scientific advisory board and equity holder of ADRx.

565
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683 **Figure Legends:**

684
685 **Fig. 1: Design of α -syn seeding inhibitors.** (A) Structure-based design of α -syn aggregation inhibitors.
686 The NACore protofilament is a dual β -sheet homo-steric zipper (upper left) (PDB ID: 4RIL). The
687 inhibitors (cyan) cap the protofilament at one or both ends. S37, S61 and S62 are shown here to bind to
688 the end with lower binding energy and S71 is shown to bind the only end to which it is predicted to bind.
689 (B) Binding energies (REU, Rosetta energy units) of the four inhibitors calculated by Rosetta suggest
690 that S37, S61 and S62 bind to both top and bottom interfaces whereas S71 is predicted to bind only to
691 the bottom of the protofilament. Shape complementarities (Sc) of all four inhibitors with the end of the
692 protofilament are high.
693

694 **Fig. 2: Inhibitors bind α -syn fibrils and inhibit α -syn fibril formation in vitro.** (A) SPR
695 measurements of the different inhibitors with α -syn fibrils. α -syn fibrils were immobilized on a CM5
696 sensor chip using standard amine coupling chemistry. For the binding assay, each inhibitor was injected
697 at a flow rate of 30 μ l/min at concentrations ranging from 0.5 μ M to 500 μ M (in running buffer, PBS,
698 pH 7.4) at 25°C. Sensorgrams for each inhibitor showing increase in SPR signal (response units) with
699 increase in inhibitor concentration. (B) The equilibrium dissociation constant (Kd) was calculated by
700 fitting the plot of steady-state inhibitor binding levels (SPR signal at steady-state) against inhibitor
701 concentration with 1:1 binding model. The Kd values were calculated as 0.5 μ M for S62, 9.3 μ M for
702 S61, 10.9 μ M for S71 and 328 μ M for S37. Similar measurements with α -syn monomers (Figure 2-
703 figure supplement 1) show that inhibitors bind with 1 to 11-fold lower affinity to α -syn monomers. (C)
704 Thioflavin T assay to measure α -syn aggregation and the effect of inhibitors. 50 μ M α -syn was
705 aggregated in the presence of different inhibitors (α -syn:inhibitor molar ratios); S62 (1:1), S61 (1:2) and
706 S71 (1:10) and S37 (1:10). All four inhibitors decreased ThT fluorescence indicative of inhibition of
707 aggregation. Each curve is an average of 3 data sets and error bars represent standard deviations. (D)
708 Electron micrographs of α -syn aggregated with and without the different inhibitors. Sparse fibrils are
709 seen in the presence of inhibitors compared to α -syn aggregated alone. In the presence of inhibitors, α -
710 syn forms short, bundled fibrils with thick morphology compared to thin long fibrils in case of α -syn

711 aggregated alone. Scale 200 nm.

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713 **Fig. 3: α -syn aggregates formed in the presence of inhibitors show reduced seeding ability in cells.**

714 (A) Experimental design of cell culture seeding assay. 50 μ M recombinant α -syn monomers (green)
715 were aggregated (by agitation at 37°C for 2 days) in presence of various amounts of inhibitors (red).
716 Then HEK293 cells expressing YFP labeled WT/A53T α -syn were transfected with α -syn aggregated in
717 presence or absence of inhibitors. Cells were imaged after one day using fluorescence microscopy and
718 the bright fluorescent puncta were counted using imaging cytometer. (B and D) Representative
719 fluorescence micrographs of HEK293 cells expressing YFP-labeled WT (B) and A53T (D) α -syn
720 transfected with aggregated α -syn in presence or absence of inhibitors. Transfection of α -syn aggregates
721 induced endogenous α -syn to form large aggregates seen as bright puncta (white arrows). Transfection
722 of α -syn aggregated in presence of inhibitors induced fewer puncta (white arrows) suggesting that all 4
723 inhibitors reduce the seeding ability of α -syn. Scale 100 μ m. (C and E) Quantification of puncta formed
724 in different conditions. With increasing concentrations of inhibitor, there is a decrease in number of
725 puncta formed showing that the inhibitors decrease α -syn seeding ability in a dose-dependent manner.
726 Results shown as Mean + SD (n=3) of technical replicates. Statistical significance was analyzed by two-
727 way ANOVA. (**p < 0.01, ***p < 0.001, ****p < 0.0001).

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730 **Fig. 4: Inhibitors do not aggregate by themselves and do not seed α -syn aggregation in cells.** (A)

731 Inhibitors, S61, S62, S37 and S71 incubated alone (at 500 μ M concentration) did not show any increase
732 in ThT fluorescence over a time period of 2 days whereas α -syn showed a time dependent increase in
733 fluorescence indicative of fibril formation. Each curve represents average of 3 data sets and error bars
734 represent standard deviation. (B) Electron micrographs of ThT assay samples at the end of 2 days of
735 incubation. Sparse, small amorphous aggregates are observed for any of the inhibitors, whereas
736 abundant fibrils are observed for α -syn. Scale 200 nm. (C) Fluorescence micrographs of WT α -syn
737 expressing HEK293 cells transfected with α -syn/inhibitor incubated under shaking conditions for 2 days.
738 Cells were imaged after 1 day of transfection. Inhibitor transfected cells did not have any puncta,
739 whereas α -syn transfected cells had abundant puncta (shown by white arrows). Scale 100 μ m. (D)
740 Quantification of puncta formed in different conditions. In agreement with the visual findings, the
741 quantification of puncta shows that inhibitor/buffer transfected cells did not have puncta whereas α -syn
742 fibrils cause abundant puncta formation.

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745 **Fig. 5: Inhibitors reduce the seeding ability of α -syn fibrils in cells.** (A) Experimental design of cell

746 culture seeding assay. Pre-formed α -syn fibrils (green) were incubated with various amounts of
747 inhibitors (red) for 3-4 hours to allow binding. The mixture was transfected in HEK293 cells expressing
748 YFP labelled WT/A53T α -syn. After 1 day of transfection, cells were imaged using fluorescence
749 microscopy and the bright fluorescent puncta were counted using imaging cytometer (B and D)
750 Representative fluorescence micrographs of HEK293 cells expressing YFP labeled WT (B) and A53T
751 (D) α -syn transfected with seeds and seeds pre-incubated with inhibitors. Transfection of α -syn seeds

752 induced endogenous α -syn to form large aggregates seen as bright puncta (white arrows). Transfection
753 of α -syn seeds pre-incubated with inhibitors S62 and S61 induced fewer puncta (white arrows) in both
754 WT and A53T α -syn expressing HEK293 cells but S37 and S71 do not have a significant effect on
755 puncta formation. Scale 100 μ m. **(C and E)** Quantification of puncta formed in different conditions. In
756 agreement to the visual findings the quantification of puncta shows that S62 and S61 significantly
757 reduce the number of puncta in both cell lines. This means that pre-incubation of α -syn fibrils with
758 inhibitors (S62 and S61) that have higher binding affinity for α -syn fibrils reduces cell seeding ability. In
759 contrast, the inhibitors S71 and S37, which have lower affinity for α -syn fibrils do not have a significant
760 effect on cell seeding ability of α -syn fibrils. Results shown as Mean + SD (n=3) of technical replicates.
761 Statistical significance was analyzed by two-way ANOVA. (**p < 0.01, ***p < 0.001, ****p < 0.0001).

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764 **Fig. 6: MSA derived α -syn fibrils seed α -syn aggregation in cell culture model.** **(A)** Clinical
765 information of human tissues used in this study. **(B)** Western blot of extracts from MSA1, MSA2 and
766 control brain samples. All three samples show positive reactivity against α -syn. **(C)** Electron
767 micrographs of extracts from MSA1, MSA2 and control brain samples. Fibrillar structures (white
768 arrows) were found in MSA1 and MSA2 samples but not in control sample. Large amorphous structures
769 (white arrowheads) are seen in all three samples. Scale 100 nm. **(D)** Fluorescence micrographs of
770 HEK293 cells expressing A53T α -syn transfected with extracts from MSA1, MSA2 and control brain
771 samples. Images were taken 7 days after transfection. Robust seeding was observed in MSA1 and MSA2
772 transfected cells (puncta shown by white arrows), whereas no seeding was observed in buffer or control
773 transfected cells. Scale 100 μ m.

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776 **Fig. 7: Inhibitors reduce the seeding by MSA derived α -syn fibrils.** **(A)** Experimental design of cell
777 culture seeding assay showing MSA derived α -syn fibrils (green) were incubated with each inhibitor
778 (red) for 3-4 hours to allow binding. Then HEK293 cells expressing YFP labelled A53T α -syn were
779 transfected with this mixture. After 7 days of transfection cells were imaged using fluorescence
780 microscope and the bright fluorescent puncta were counted using imaging cytometer. **(B and C)**
781 Representative fluorescence micrographs of the cells show that all the four inhibitors cause reduction in
782 puncta (shown by white arrows) both in MSA1 **(B)** and MSA2 **(C)** transfected cells. Scale 100 μ m. **(D**
783 **and E)** Quantification of puncta in different conditions. All four inhibitors significantly reduce seeding
784 by both MSA1 and MSA2 samples. Results shown as Mean + SD (n=3) of technical replicates.
785 Statistical significance was analyzed by two-way ANOVA. (**p < 0.01, ***p < 0.001, ****p < 0.0001).

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787 **Supplementary Information:**

788 **Figure 2-figure supplement 1:**

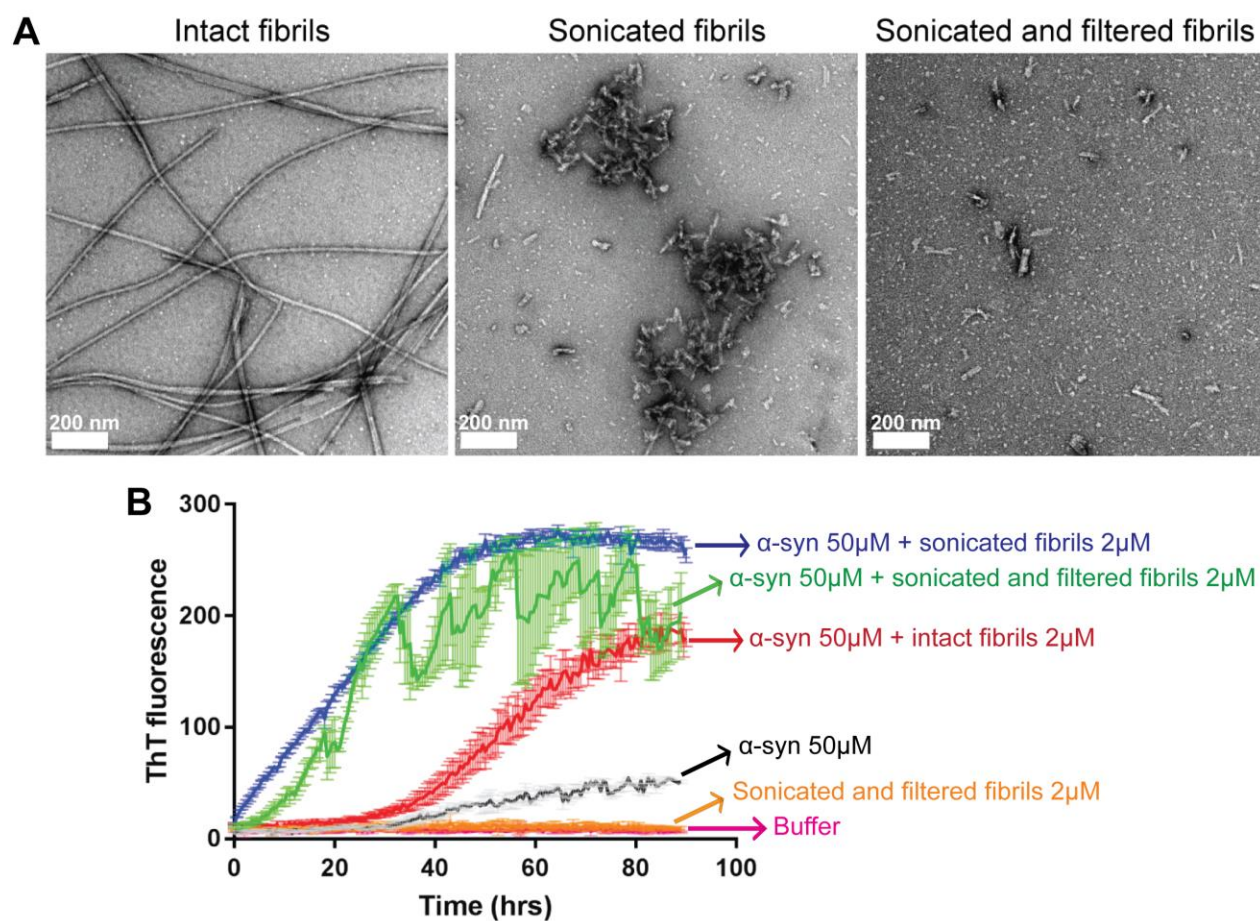
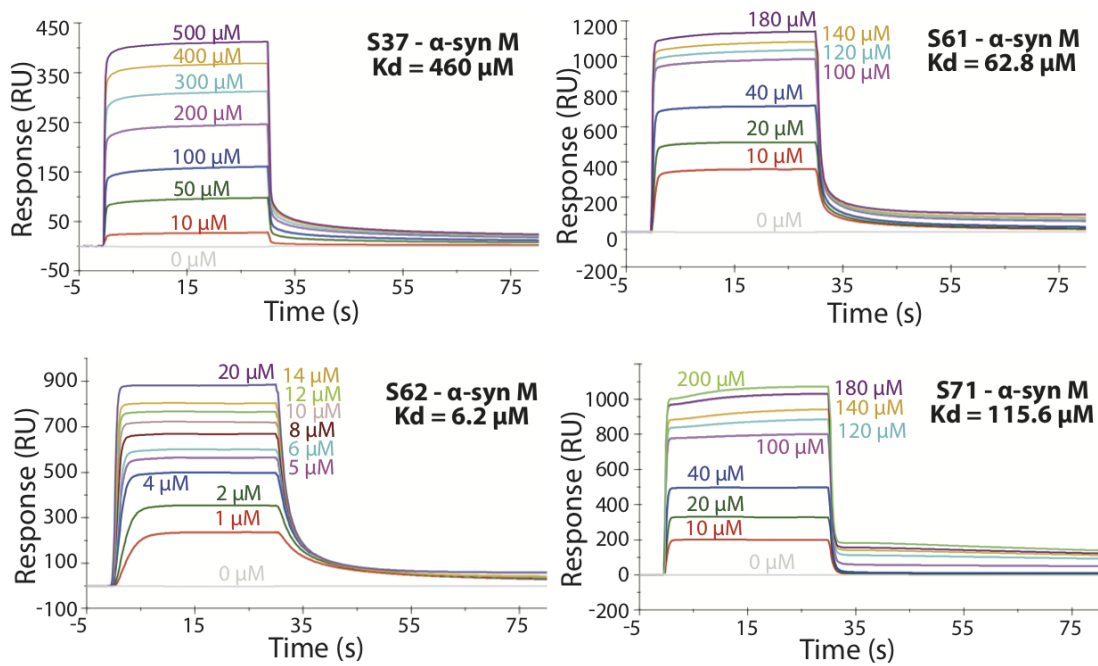


Figure 2-figure supplement 1. Sonicated and filtered α -syn fibrils can seed α -syn aggregation *in vitro* (A) Negatively stained EM images of intact fibrils (long un-branched fibrils), fibrils after sonication (short fibrils along with clumps) and after filtration (short fibrils free from large clumps). Scale 200 nm. (B) Seeded fibril growth monitored by the increase in fluorescence intensity of ThT showing rapid fibril growth in α -syn in presence of sonicated fibril seeds (blue curve) as well as sonicated and filtered fibril seeds (green curve) compared to α -syn incubated alone (black curve). Sonicated filtered fibrils have higher seeding ability than intact fibrils (red curve). Each curve is an average of 3 datasets and error bars represent standard deviations.

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790 **Figure 2-figure supplement 2:**



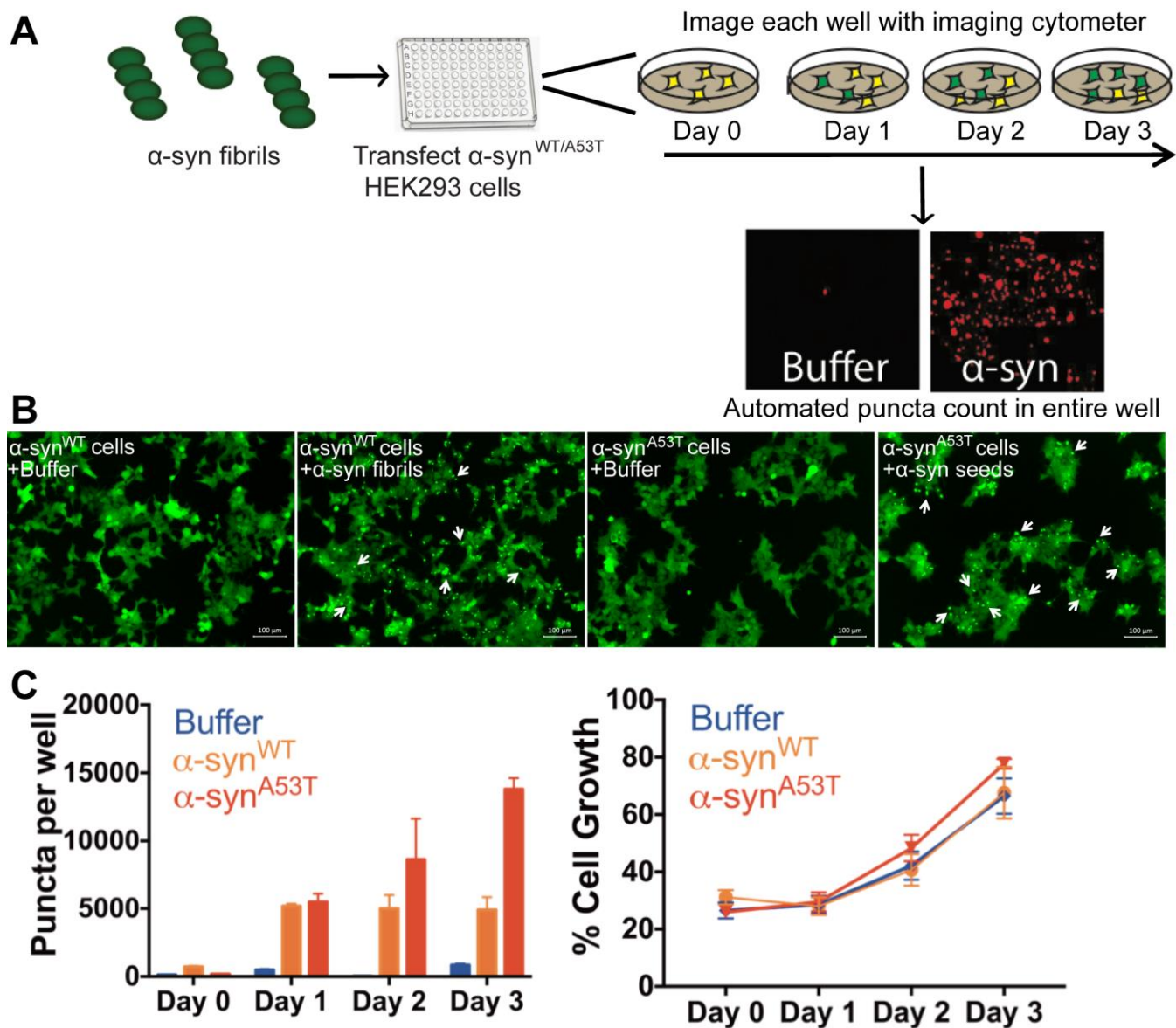
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793 **Figure 2-figure supplement 2. SPR measurements of the different inhibitors with α -syn monomers**
794 **(α -syn M).** α -syn monomers were immobilized on a CM5 sensor chip using standard amine coupling
795 chemistry. For the binding assay the inhibitor was injected at a flow rate of 30 $\mu\text{l}/\text{min}$ over both flow
796 cells (1 and 2) at concentrations ranging from 0.5 μM to 500 μM (in running buffer, PBS, pH 7.4) at 25
797 $^{\circ}\text{C}$. The dissociation constant K_d was calculated using BiaCore software as 460 μM for S37, 62.8 μM for
798 S61, 6.2 μM for S62 and 115.6 μM for S71.

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Figure 3-figure supplement 1:

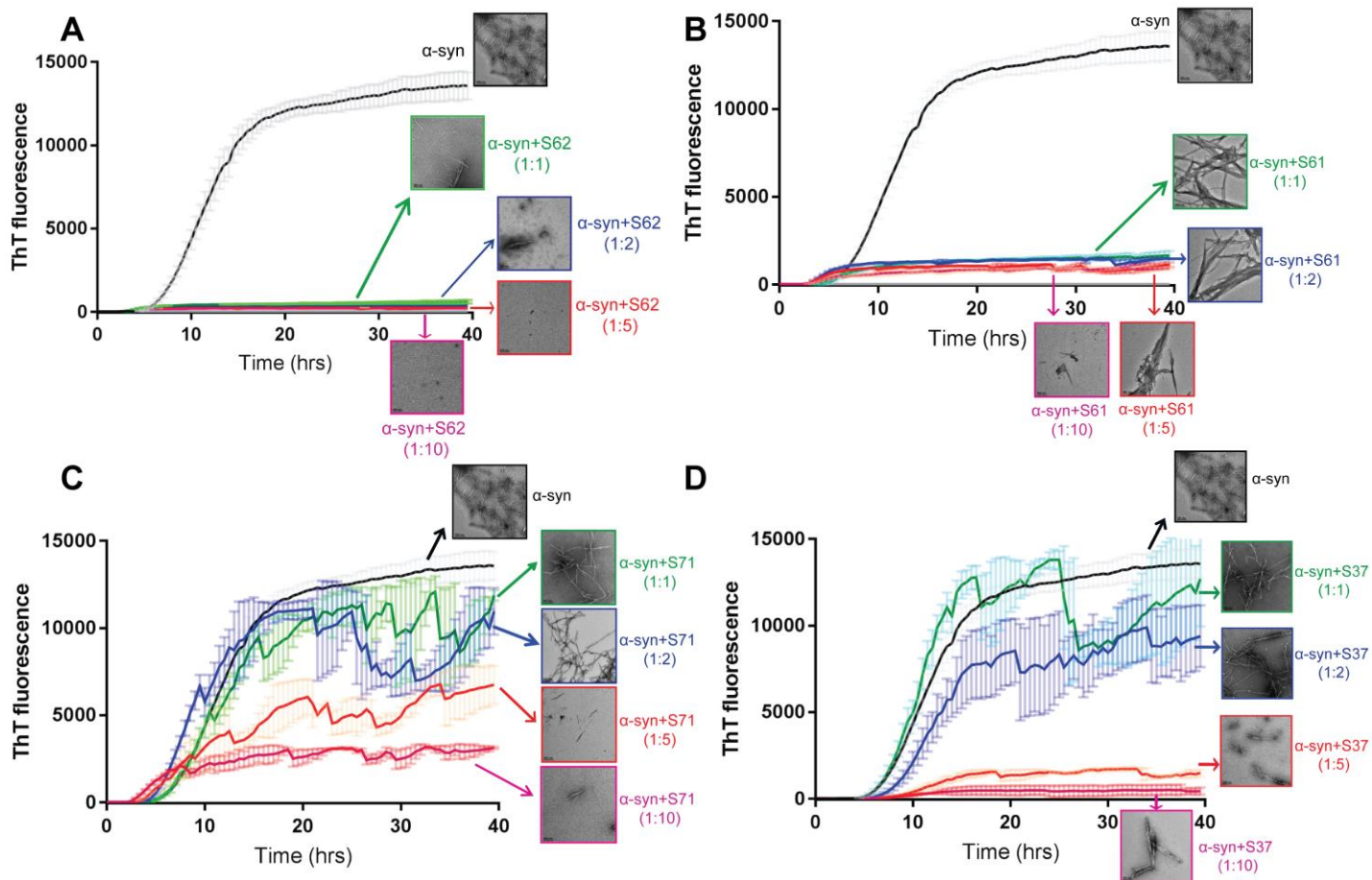


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Figure 3-figure supplement 1. Cell culture seeding assay. (A) Experimental setup for high throughput screening in HEK293 cells. HEK293 cells were plated in 96 well plates. 125 nM α-syn fibrils were transfected and plates were imaged using an automated imaging cytometer. Puncta formed in each well were then counted using ImageJ particle analysis plugin allowing for unbiased measurements. (B) Fluorescence microscope images of HEK293 cells expressing YFP-labeled WT or A53T α-syn. Upon transfection of α-syn fibrils fluorescent puncta can be seen (white arrows). Scale 100 μm. (C, Left) Quantification of total puncta formed in each condition. The total number of puncta increases over time suggesting a prion-like propagation of aggregates. (C, Right) In both WT and A53T expressing HEK293 cells we do not observe cell death as seen by measuring the growth of cells transfected with buffer or α-syn fibrils.

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Figure 3-figure supplement 2:

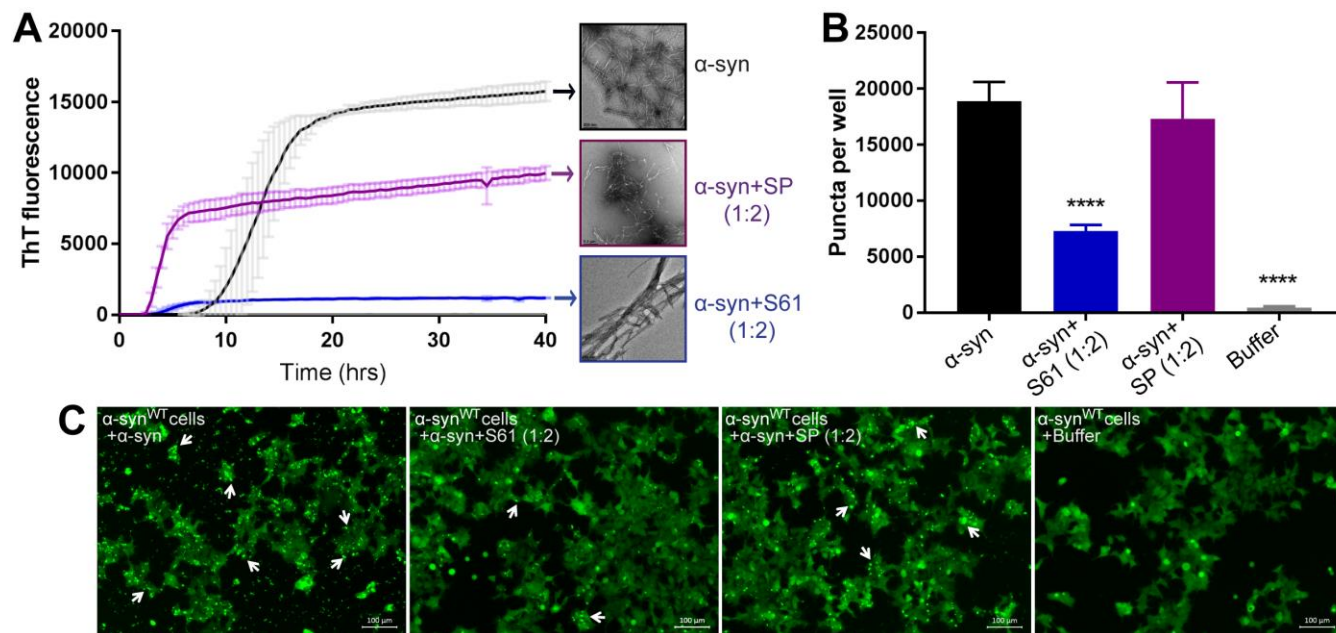


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Figure 3-figure supplement 2. Inhibitors reduce α -syn aggregation *in vitro* in a dose-dependent manner. Monomeric α -syn was incubated with a range of concentrations of each inhibitor S62 (A), S71 (B), S71 (C) and S37 (D), α -syn:inhibitor molar ratios, 1:1, 1:2, 1:5 and 1:10. The ThT fluorescence data during incubation and electron micrographs of each sample at the end of incubation period show that with increase in concentration of each inhibitor there is decrease in ThT fluorescence and abundance of fibrils. This suggests that all four inhibitors, S62, S61, S71 and S37 have a dose-dependent inhibitory effect on α -syn aggregation kinetics. Scale bars in electron micrographs are 200 nm.

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Figure 4-figure supplement 1:



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Figure 4-figure supplement 1. Scrambling the inhibitor sequence abolishes its inhibitory effect on α -syn aggregation and seeding. We created a scrambled peptide (SP) by scrambling the binding motif sequence of S61, keeping its cell penetration tag sequence intact. To test the sequence specificity of the inhibitory activity of our designed inhibitors we tested the efficacy of our SP in inhibiting α -syn aggregation and cell seeding. **(A)** *In vitro* aggregation monitored by the increase in fluorescence intensity of ThT showed rapid fibril growth in α -syn incubated alone as well as in presence of SP (α -syn:SP molar ratio, 1:2). However, α -syn incubated in presence of our inhibitor, S61 (α -syn:S61 molar ratio, 1:2) had about 10-fold less ThT fluorescence. Electron micrographs of ThT assay samples at the end of 2 days of incubation show abundant fibrils were observed for α -syn incubated alone and in presence of SP, whereas, sparse, thick, bundled fibrils are observed in α -syn incubated in presence of S61. Scale bars in electron micrographs are 200 nm. **(B)** WT α -syn expressing HEK293 cells were transfected with α -syn incubated alone or in presence of either SP or S61. Bar graph showing the average number of puncta formed in cells per well measured using imaging cytometer. Transfection of α -syn+SP does not cause a reduction in puncta whereas the inhibitor S61 causes significant in puncta per well. **(C)** Representative fluorescence micrographs of cells transfected with α -syn, α -syn+S61, α -syn+SP and buffer. Cells were imaged after 1 day of transfection. α -syn and α -syn+SP transfected cells had abundant puncta (shown by white arrows), whereas α -syn+S61 transfected cells had significantly lower amounts of puncta. This suggests that scrambling the binding motif sequence results in loss of inhibitory effect of our designed peptides. Scale 100 μ m.

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Figure 5-figure supplement 1:

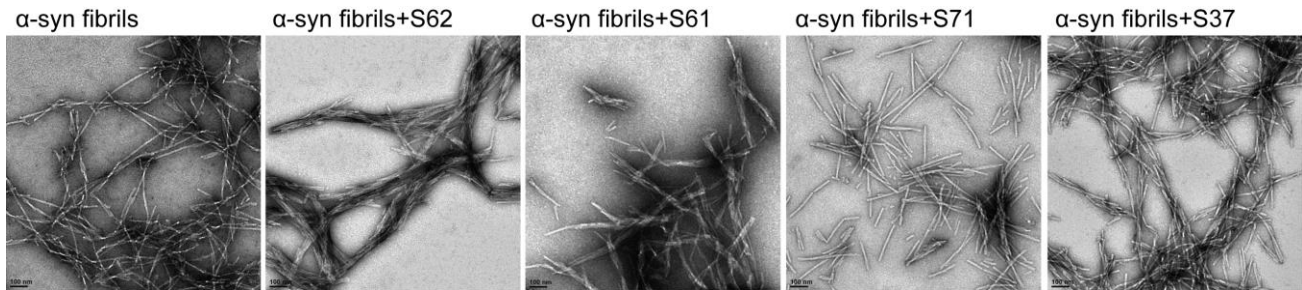


Figure 5-figure supplement 1. Incubation with inhibitors causes morphological changes in α -syn fibrils. Negatively stained electron micrographs of pre-formed α -syn fibrils incubated for 3-4 hours with each inhibitor at room temperature. Incubation of α -syn fibrils with inhibitors, S62 and S61 results in bundling of fibrils into thick morphologies. Inhibitors, S71 and S37 do not affect the morphology of α -syn fibrils. Scale 100 nm.

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Figure 6-figure supplement 1:

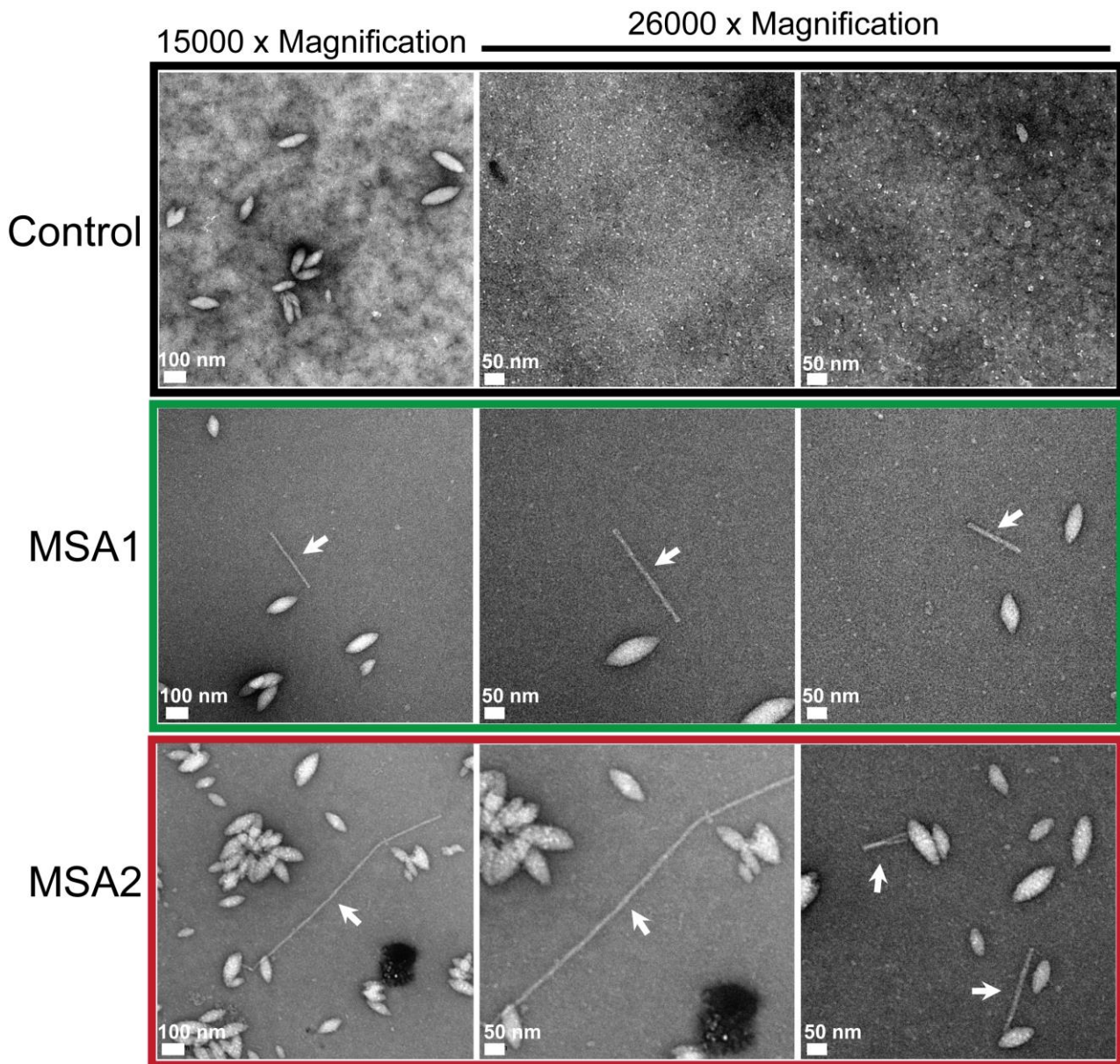
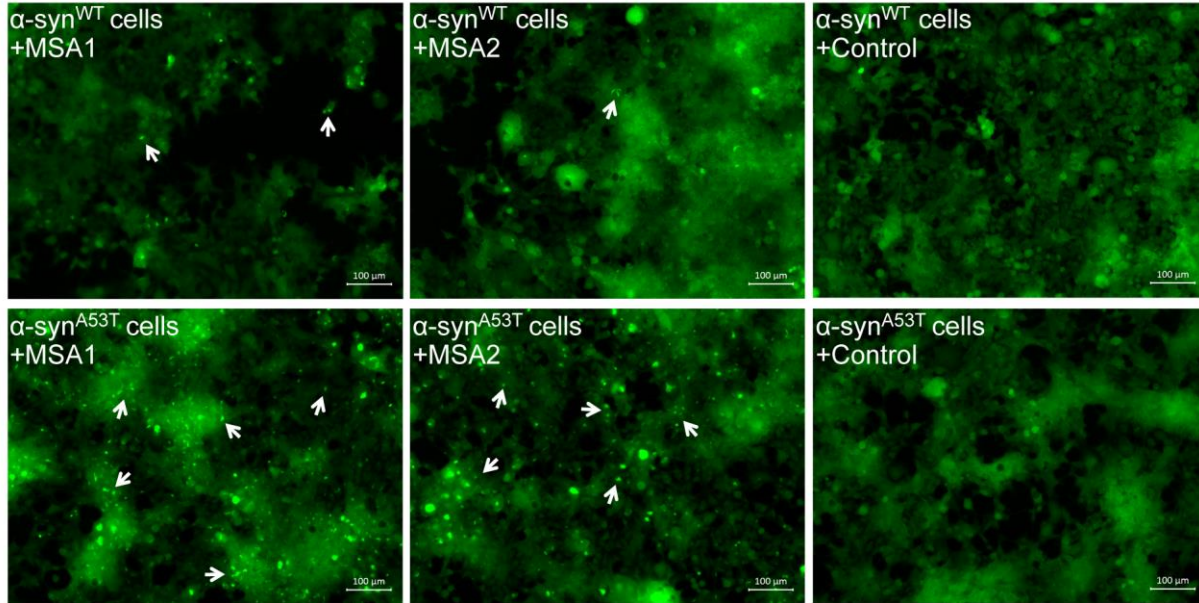


Figure 6-figure supplement 1. MSA brain extracts contain fibrils. Negatively stained electron micrographs of extracts from MSA1, MSA2 and control brain samples. Along with other morphologies fibrillar structures (shown by white arrows) were found in MSA1 and MSA2 samples. In control sample, no fibril-like structures were observed.

888 **Figure 6-figure supplement 2:**
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890 **Figure 6-figure supplement 2. MSA derived α -syn aggregates seed α -syn aggregation in HEK293**
891 **cells expressing YFP-labeled WT/A53T α -syn.** Fluorescence micrographs of HEK293 cells expressing
892 WT (upper panel)/A53T (lower panel) α -syn transfected with extracts from MSA1, MSA2 and control
893 brain samples. Images were taken 7 days after transfection. Robust seeding was observed in MSA1 and
894 MSA2 transfected A53T cells (puncta shown by white arrows) and faint seeding was observed in MSA1
895 and MSA2 transfected WT cells, whereas no seeding was observed in buffer or control transfected
896 WT/A53T cells. Scale 100 μ m.

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